MISSION

At California Gully Primary School we educate students to be lifelong learners and well informed and productive community members who are well prepared to become active, engaged and responsible citizens of the local and global community.

IMPORTANT REMINDER

- School Production 'Kids in Paradise' - Tuesday November 8th
- Curriculum Day (Student Free Day) - Wednesday November 16th
- Prep 2017 Transition Day - Tuesday November 22nd
- Prep 2017 and Grade 6 Orientation Day - Tuesday December 6th
- Parents Club Meeting - Friday November 11th

FROM THE PRINCIPAL

SCHOOL GRANTS

It is quite exciting to be able to announce a number of fantastic projects to be undertaken over the next 12 months. A $27,000 grant will allow us to place a shade sail over our playground which will provide much required shade in the warmer months. A $30,000 grant has also been secured and will be used to construct an outdoor learning area in our bush area and a community garden which we hope our school and local community will utilise in 2017. Finally the Department of Education has indicated we will receive $100,000 in funds to upgrade areas of our school which have deteriorated over time. The funding obtained for 2017 is from the same Victorian Government initiative which provided funding this year, allowing us to repair our front steps, upgrade the toilets, replace the downpipes and undercover area. At this stage the school's internal and external areas to be repaired or replaced have not been determined. Applying for grants is one of the crucial ways in which we can make inroads into improving our school grounds and classroom facilities for all of our school community members but mostly importantly our students.
SCHOOL BOOK FAIR
We have already held a Book Fair earlier this year however an opportunity to run a second book fair was too good to refuse due to a great deal. Scholastics special deal is, if a child/parent buys one book they get to take a second book from the same price range for free. Buy one, get one free deal!
The Book Fair starts on November 10th and will run until November 21st a Book Fair schedule is located inside this newsletter

SCHOOL PRODUCTION
The school production is fast approaching and if you have not purchased tickets as yet please contact the Capital Theatre and make arrangements. I anticipate a very enjoyable evening and I am sure the students are both excited and a little nervous. Thank you to the parents leading up to the evening who have been able to assist with costume designs and props I know Miss Ennor (and the entire staff) greatly appreciate the support.

CHILD SAFE STANDARDS
Our school, like many others across the state, has a wide range of policies and protocols in place that meet existing Student Safety requirements. Our school council has a schedule for reviewing policies both annually and every two years (depends on the type of policy). Our policies are aligned with the new Child Safe Standards. Here is a list of just some of the many policies already in place that address Child Safe/Student Safety issues/concerns.

- Child Safe
- Equal Opportunity
- Anti-Bullying
- Duty of Care
- Camps and Excursions
- OH&S and Emergency Management
- Visitors
- E-Smart – Cybersafety
- Mandatory Reporting
- Engagement and Wellbeing
- Working with Children Check

ASTHMA & HAY FEVER SEASON
If children need medication for Hay Fever through the school day please bring it to the school office, clearly named with pharmacy label attached. Make sure that the medication is in date. Inform the school office if your child has been medicated before school on any particular day. If your child is asthmatic they should have their asthma medication with them every day and for a more effective recovery they should also have a spacer.

Jason Lee
Principal

SCHOOL CALENDAR

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tbody>
<tr>
<td>November 7th - November 11th</td>
<td>School Banking Day - Bendigo Bank</td>
<td>Parents’ Club Breakfast Program</td>
<td>School Banking Day - Commonwealth Bank Breakfast Program</td>
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<tr>
<td></td>
<td>School Production</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>November 14th - November 18th</td>
<td>School Council Meeting</td>
<td>School Banking Day - Bendigo Bank</td>
<td>Parents’ Club Breakfast Program</td>
<td>Prep– 2 Barbecue Tea and 1-2 Sleepover</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Curriculum Day</td>
<td></td>
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<tr>
<td>November 21st - November 25th</td>
<td>School Banking Day - Bendigo Bank</td>
<td>Parents’ Club Breakfast Program</td>
<td>School Banking Day - Commonwealth Bank Breakfast Program</td>
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<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>November 28th - December 2nd</td>
<td>School Banking Day - Bendigo Bank</td>
<td>Parents’ Club Breakfast Program</td>
<td>School Banking Day - Commonwealth Bank Breakfast Program</td>
<td></td>
</tr>
</tbody>
</table>

School Assembly starts at 8.55 a.m. Please be on time!
To report an absence through the school website you can use this link Report an Absence
Parents’ Club Meeting
The next meeting of the Parents’ Club will be in the conference room after assembly tomorrow, Friday November 11th. We need desperately more members so new members are always welcome.

Parents’ Club has purchased a new fridge for Miss Ennor’s classroom. The cost of the fridge was $698. These funds came from the fundraising efforts that Parents’ Club have undertaken.

Billy G.’s Cookie Dough Fundraiser
The Billy G.’s Cookie Dough will arrive next Wednesday, November 9th. Families will be able to collect their Cookie Dough after school on this day from the school kitchen. Thank you to all families who did a great job selling the Cookie Dough tubs. We will let you know next week how much “dough” we made.
Note: Prizes will come at a later date due to them coming from a different delivery service.

Contacting the Parents’ Club
If you wish to contact the Parents’ club have an email address which is cgpsparentsclub@gmail.com.

Parents’ Club Christmas Raffle
Tickets will go home November 25th.
Prizes so far:
1st  $100.00 Hamper (Parents’ Club)
2nd  Crochet Owl (donated by Renee Jenkins)
3rd  ‘Stampin Up’ Pack including a free card making class voucher (donated by Renee Jenkins)
If you would like to make our raffle bigger and better, you can leave donations of non-perishable food items at the office.
The raffle will be drawn at the end of year concert on Thursday December 15th.
Thank you to all families who support the Parents’ Club.
GREAT TIPS FOR HEALTHY KIDS

TIP 1. YOU ARE IN CHARGE

Yes, you are in charge.
You are the adult and the parent, and it’s up to you to guide your kids. This means you decide what’s best for them and you have the final say.
Kids need limits and boundaries. They need to hear from you what’s best for them. Let them know that you are setting rules out of love and care.

What you can do NOW

♦ Decide on changes you can make to your family’s lifestyle and eating habits e.g. going for a walk together for 30 minutes at least twice a week, and including fruits and/or vegetables with every meal.
♦ Make a list of nutritious foods to buy next time you shop.
♦ Take charge of what goes into the supermarket trolley.

Good Idea!

Tell the kids you want the whole family to be fit and healthy, and invite them to make suggestions. They will accept that you are in charge more easily if they can contribute their ideas.

SERVING SIZES

<table>
<thead>
<tr>
<th>Age</th>
<th>Bread, cereals, rice, pasta (serves* )</th>
<th>Vegetable, Legumes (serves*)</th>
<th>Fruit (serves*)</th>
<th>Milk, yoghurt, cheese (serves)</th>
<th>Meat, fish, poultry, eggs (serves)</th>
<th>Extra food (serves)</th>
</tr>
</thead>
<tbody>
<tr>
<td>4 - 7 yrs</td>
<td>5-7</td>
<td>2</td>
<td>1</td>
<td>2</td>
<td>1/2 - 1</td>
<td>1 - 2</td>
</tr>
<tr>
<td>8 - 11 yrs</td>
<td>6-9</td>
<td>3</td>
<td>1</td>
<td>2</td>
<td>1 - 1 1/2</td>
<td>1 - 2</td>
</tr>
</tbody>
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* These are the minimum recommended serves. Nutrition Australia encourages extra serves of fruit and vegetables.

Examples of Serves

Breads & cereals: 2 slices of bread, 1 cup cooked rice or pasta, 1 cup breakfast cereal flakes, 1/2 cup muesli, 1 med. Bread roll, 1 cup cooked porridge.

Vegetable or legumes: 1/2 cup cooked vegetables, beans, lentils; 1 cup chopped salad, 1 medium potato, 1/2 medium sweet potato.

Fruit: 1 medium piece apple, 2 small apricots, 1 plum; 1 cup canned fruit, 4 dried apricots; 1 1/2 tablespoons sultanas.

Milk, cheese: 1 (250ml) cup milk; 2 slices (40g) cheese; 200g yoghurt; 1 cup (250ml) custard, 1 cup almonds, 1/2 cup salmon, 1 cup calcium-fortified soy milk.

Meat, fish, poultry, eggs: 1/2 cup lean mince, 2 small chops, 2 slices roast meat: 80-120g cooked fish fillet; 2 small eggs; 1/3 cup peanuts or almonds, 1/3 cup cooked canned legumes.

Extra foods: 1 doughnut; 1 plain sweet biscuit, 25g chocolate, 1 can soft drink, 30g potato crisps.

Congratulations to the following students on being named Student of The Week for their positive attitude to school and social values.

**Friday October 28th**

### 3/4 Ennor:

- **Aaron B.** - For always settling down to work quickly & completing tasks.
- **Tygah B.** - For working well on his multiplication word problems.
- **Michael G.** - For being a helpful, co-operative & polite class member.

### 5/6 McKerrow:

- **Jessica B.** - For excellent work with spelling.
- **Jordan P.** - For 200 nights of reading.

### 5/6 Windridge:

- **Terri-Anne C.-G.** - For excellent work in Maths with division.
- **Charlotte H.** - For being a friendly, helpful & co-operative class member.

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**TISSUES**

With hay fever season well and truly upon us there are a lot of sniffles. Can parents please send a box of tissues to school for their child’s classroom.

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**FUN . FITNESS . FRIENDS**

**Juniors Squash** at Bendigo Squash Club

- First night free
- Membership $50
- $6 per night - Members
- $8 per night - Non Members
- 4:30pm weekly Wednesday Nights

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**School Assembly starts at 8.55 a.m. Please be on time!**

To report an absence through the school website you can use this link: [Report an Absence](www.californiagullyps.vic.edu.au)
Don’t forget to check out the school’s website www.californiagullyps.vic.edu.au

OUTSIDE SCHOOL HOURS CARE
Monday to Friday 3.15 p.m. to 6.00 p.m.

- Available for all parents of California Gully Primary School
- Affordable
- Childcare in a safe and secure environment
- Providing interesting activities for all children
- Permanent/Casual Bookings available
- Emergency bookings always available

Mrs. Paton

PLAYGROUP
Let’s get together and build on friendships.

Wednesdays
9.30 a.m. - 11.30 p.m.
in the Outside School Hours Care room.

Please bring along a piece of fruit to share.
We follow the healthy eating guidelines and encourage the SunSmart messages that are taught to the students at school, to provide a great foundation for future students.

Session dates and activities:
- November 9th: Adventure Play - Multi-Purpose Building
- November 16th: ‘Fireworks’ Painting
- November 23rd: Adventure Play - Outside

For information of what events are coming up in playgroup please visit the school website Playgroup page.

Join us on Facebook: www.facebook/calgullyplaygroup

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Thanks to Empowering Eaglehawk, The Eaglehawk Football Club and the Peter Krenz Leisure Centre/YMCA we have a community breakfast program for all families (parents are more than welcome to attend) and staff of California Gully. The community breakfast program continues tomorrow, Friday November 4th at 8 a.m. (please note that we will stop serving breakfast at 8.20 a.m. any children who arrive after 8.20 a.m. will miss out).
Sharing in breakfast together, what a great way for our school community to start the day!
Don’t forget to check out the school’s website www.californiagullyps.vic.edu.au

BESTELLA & LA TROBE UNIVERSITY PRESENTS

Shining Bright

With Jane Bunn

19 November 2016
1pm - 4pm High Tea
Bendigo Town Hall

General Ticket $100
Table of Ten $1000

Join the vibrant meteorologist and Seven News Melbourne weather presenter and be taken on a journey of career courage in the public spotlight.

For more information visit: www.bestella.com.au/events

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Cancer Councils Girls Day/night in LBE all know someone with or had cancer so come along and make 6 sweet Xmas cards to send out to your loved ones for only $30 while raising much needed funds for cancer council.

Date: November 5th Saturday
Time: 3pm - 5pm
Phone: Samantha on 0419917891 to book

Go to: Facebook page
Sam’s creative collections

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Pick up 60% off youth small USDA Meat for only $7
PICK UP 2ND FRI

Jim Wid Soccer Coaching
Ages 3-12

<table>
<thead>
<tr>
<th>Stage</th>
<th>Age</th>
<th>16-week program cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mini-Kickers</td>
<td>3-5</td>
<td>$70</td>
</tr>
<tr>
<td>Kick-Start</td>
<td>5-6</td>
<td>$100</td>
</tr>
<tr>
<td>Challenger</td>
<td>7-12</td>
<td>$100</td>
</tr>
</tbody>
</table>

ENROL NOW!!!
Contact Jim: 0431 299 930
Email: jimwiddners@gmail.com

Tour the school and meet staff and students.

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In Term 4, two new reward items from our Outback Savers range become available to redeem!
- Bush Fly Fan
- Wriggly Glow Worm

Chris Epworth Photos
0429417170
www.chrisepworth.com
www.facebook.com/chrisepworthphotos

Capturing your moments for a lifetime.
Sponsoring California Gully Primary School
Specialising in family and kid’s portraits, Weddings and Engagements

Commonwealth Bank Student Banking

Rewards Program update

Bendigo Blue Light Dance Party
Friday, November 11th
Trades Hall
34 View St, Bendigo
5.30-6.30PM (Primary) | 7.9PM (Secondary)

Contact: Megan 0467 769 368
www.bluelight.org.au

Please ask your parents to like the page if you are under 15.

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Book Fair. Buy One, Get One Free

Once again we are having a Book Fair in the Library.
This is a Special Offer by Scholastic, where if you buy a book, you get another book for the same value for free.

This fair went very well last year, and so we had the opportunity to run it again.

The school does not make any commission on this fair, as it is an opportunity for our students and parents to save some money before Christmas.
Books make a wonderful present for your children, and encourages them to keep reading over the Christmas break.
This is the way it will work this year.

The Book Fair Will Only Be Open For Purchasing On The Following Days and Times:

Thursday 24th November
- 8.30 – 8.50
- 3.15 – 4.00
Friday 25th November
- 8.30 – 8.50
- 3.15 – 4.00
Monday 28th November
- 8.30 – 8.50
- 3.15 – 4.00
Tuesday 29th November
- 8.30 – 8.50
- 3.15 – 4.00

Taekwondo classes

Hahn Taekwondo

Olympic sport, controlled Sparring and Forms (patterns), compete at a club, state, national and international levels.
Learn workable, practical, effective self-defence, improve self-discipline, self-esteem, strength and co-ordination.

Bendigo Central and Maiden Gully locations

Juniors’ beginner weekly classes
5.15 – 6 pm Tuesdays
6 – 7 pm Wednesdays

Internationally certified instructors, coaching accredited, Working with Children Certified, Level 1 First aid

All Enquiries Call
0428 182 707 (03) 5443 2535
hahntkd@gmail.com

Rock Up Netball Master Class

DATE: 16th November
TIME: 6.30-7.30pm
VENUE: Bendigo
Queen Elizabeth Courts
COST: $10
REGISTER: www.rockupnetball.com.au

WANT TO BE TRAINED BY A WELL-RESPECTED HIGH PERFORMANCE COACH? COME ALONG AND JOIN IN A ‘TRAIN’ SESSION WITH ROCK UP NETBALL COACH AMBASSADOR SUE GAUDION.

FOOD WILL BE PROVIDED AFTER THE SESSION ALONG WITH AN OPPORTUNITY FOR PARTICIPANTS TO ATTEND A Q&A WITH SUE.

JOIN IN, GET SOCIAL AND ENJOY THE EXPERIENCE.
#ROCKUPMASTERCLASS