Every Wednesday 9.30 a.m. - 11.30 a.m.
Playgroup

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MISSION
At California Gully Primary School we educate students to be lifelong learners and well informed and productive community members who are well prepared to become active, engaged and responsible citizens of the local and global community.

FROM THE PRINCIPAL

NOVEMBER SCHOOL COUNCIL MEETING
On Monday night school council met and discussed a number of important topics. The school fees for 2015 were discussed and agreed upon. The arrangements for the start of the 2015 school year including the 2015 Start Up Parent/Teacher meetings were discussed and approved. Most importantly the 2015-2018 School Strategic Plan was presented, discussed and endorsed. The Strategic Plan outlines the school priorities that from 2015 we will focus on and work extremely hard to achieve over the next 4 years.

STATEWIDE TRANSITION
Our 2015 preps enjoyed their second transition day on Tuesday 18th November. The children had an enjoyable time working in the classroom and becoming more familiar with their 2015 surroundings. The 2015 prep parents were involved in an information session which highlighted all aspects of the school’s programs. The final transition day for those children commencing school in 2015 will be on Tuesday, 9th December from 9.15-11.45. Once again the children will be working in the prep room. However, on this day they will also have an opportunity to explore the playground. The children will also stay a little longer and participate in our recess routine.

Grade 6 students will spend the day at their chosen Secondary Schools, while children entering Grades 1-6 in the 2015 school year will be given the opportunity to undertake an orientation session in their new classroom between 9am-11am.

PARENTS’ CLUB
Once again through the hard work of Parents’ Club and their fundraising efforts we are able to purchase extra literacy resources for the 2015 school year. We will also be purchasing a phone App which will give us another mode of communication with families for the 2015 school year. Thank you Parents’ Club.
STUDENT SUPPORT
From time to time children will have disagreements with one and other whether it is in the classroom or yard and as a result sometimes inappropriate choices can be made. At California Gully Primary School we adhere to a behaviour management model called the ‘Student Support Process-A Staged Response’. This ensures all staff follow the same guiding principles / guidelines and we are consistent with our decision making. Depending on the nature of the inappropriate behaviour we determine a logical consequence. Sometimes children are required to attend ‘Reflection Time’ where they have an opportunity to think about their behaviour how it has affected others and to explain what they could have done and what they will do if something similar occurred again. An important step added to this process is the sending home of the ‘Reflection Time’ sheet. This has been included to ensure clear communication with parents and carers and provides an opportunity for parents to follow up on any questions they may have regarding their child’s behaviour, if required. There are a variety of levelled consequences available to the school some more obvious to students, parents and carers than others. If there comes a time where you have a query around an issue that may involve your child please contact me for clarification.

Jason Lee
Principal

COMMUNITY FUNDRAISING DINNER
Hosted by California Gully Primary School Council
Sunday November 30th
6.00 p.m.
Bendigo Stadium Bistro
All Welcome!
This is a great social opportunity for all members of our school community.
Please indicate your intention to attend on the tear-off at the back of the newsletter.

School Calendar

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<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
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<tbody>
<tr>
<td>November 24th - November 28th</td>
<td>Prep to 2 Anakie</td>
<td>Parents’ Club Lunch</td>
<td>Student Banking Day</td>
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<td>Fairy Park Excursion</td>
<td>Order Day</td>
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<td>December 1st - December 5th</td>
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<td>Student Banking Day</td>
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<td>Breakfast Program Concludes</td>
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<td>December 8th - December 12th</td>
<td>School Council Meeting</td>
<td>Grade Prep 2015 and Grade 6 Orientation Day</td>
<td>Student Banking Day</td>
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<td>Grade 6 Graduation Dinner</td>
<td>End of Year Concert</td>
<td>End of Year Break-Up at the Pool</td>
<td>Final Day or Term 4</td>
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<td>December 15th - December 19th</td>
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School Assembly starts at 8.55 a.m. Please be on time!
Grade 5/6 Maths Talks

This term Grade 5 and 6 are having a series of visitors to our classrooms to talk about how they use Maths in their jobs and the importance of working hard in Maths at school. Our second visitor was Deanne Pointon, a parent of a child at our school. Children from 5/6 M have written reports about her visit:

My Mother (Deanne Pointon)

On Wednesday Mrs Pointon came to California Gully Primary School to talk about how she uses maths in her job. She works as an accountant for a company called Care Park. Mrs Pointon explained how the ticket box men have to use addition to add up the money. They also have to use subtraction to figure out how many tickets they have sold. The ticket box men also have to stay alert to see how many more cars can go in the car park. At the end of the month they have to pay all their wages. Mrs Pointon told us that they own around 15 car parks in Australia and are coming to own one in New Zealand. They also operate over 200 car parks. Mrs Pointon has been working for Care Park for 15-20 years. Mrs Pointon said that she loves her job very, very much.

By Phoenix P. Grade 5/6M

DEANNE POINTON VISITS

On Wednesday afternoon Mrs Pointon came to Class 5/6 Mac. This is what I learned. I learned that she is an accountant and also uses money in her job. She said the MCG car park makes a lot of money. If a car park isn’t making a profit the cost of parking in that car park increases. In the Melbourne Car Park the amount of money is 24 dollars. Mrs Pointon has been working for 15 to 20 years. WOW! So that’s what I learned and I think she has a pretty good Job! And I enjoyed listening to her speak about her job! :)

BY SHAKIRA E.- J.

MY WONDERING

I WONDER HOW MANY DOLLARS SHE GETS IN A YEAR ALL UP.

Our visit from Mrs Pointon

On Wednesday afternoon Mrs Pointon (Phoenix’s mother) came to talk to us about her job and how it involves mathematics. She works in Melbourne as an accountant. She travels to Melbourne every week to go to work. She works for a company called Care Park.

In Australia, Care Park own fifteen car parks and operate about two hundred. Her job involves mathematics because she has to add and multiply the money she handles. She has to work out how much to pay the landlord, the owner of the car park, the ticket man and the company that she works for. I enjoyed listening to what Mrs Pointon had to say.

By Olivia T.

Maths with Mrs Pointon

On Wednesday Mrs Pointon came into Grade 5/6 Mac and 5/6 Windridge class to teach us about maths. Mrs Pointon is an accountant and she told us how much maths there is in her job. Mrs Pointon said that her company owns 15 car parks and operates over 200 car parks. Her company is just about to operate some car parks over in New Zealand. Mrs Pointon has been working as an accountant for 15-20 years. She told us the parking attendant collects the money and has to fill out a form every night. They have to pay the landlord, which is just like you paying rent, every night or month.

Eve

Mrs Pointon

On Wednesday Mrs Pointon came in to California Gully P.S to talk about her job. Mrs Pointon talked about math in her job as an accountant. She works at a car parking place. She fills out sheets to work out how much the Land Lord gets and how much everyone else gets. She also talked about the man/woman who stands at the front of a car park or in a booth and takes the money. She said they fill out a sheet and have to count all the cars that go in and out then they have to recount it with a calculator and they have to recount again. Her company owns 15 car parks in Australia and operates around 200 others in Australia and the company is starting one in New Zealand.

Reported By Jackson T
SKYPE CALL TO MRS CONRAD’S CLASS

On Friday, November 14 at 9:00am, Grade 5-6WD skyped with Santa Rita Elementary School and it was with Mrs Conrad’s Grade 5 class. We got to meet our pen pals and asked them some couple of questions. We all got to introduce ourselves to our pen pals and the class. When we introduced each other we had to say what our pen pals name was and something about ourselves. After we did that we asked each other a few questions. We all enjoyed doing the Skype with Mrs Conrad’s class.

It was a great opportunity to speak to Mrs Conrad’s class and we hope we can talk to them again this year.

By Zoe W., Keisha M. and Chara S.-W.
Parents’ Club Meeting
The Annual General Meeting was postponed last week due to unforeseen circumstances. This meeting has been re-scheduled for early 2015.

Lunch Orders
The Order Forms for Term 4 are printed on pink paper and are distributed to the children every Wednesday. Spare forms are available at the front of the Office or otherwise on the school website. All orders and money need to be into the Office by 9.30 a.m. Monday mornings. Also if your child is absent on the day of the Lunches could you please contact the Office to cancel the order, this way we can arrange a refund.
Please note that the last day for lunch orders will be next week, November 26th.

Contacting the Parents’ Club
If you wish to contact the Parents' club have an email address which is cgpsparentsclub@gmail.com.

School Hoodies can now be ordered at Bendigo Uniforms Plus, cost is $35.00.

PLAYGROUP
Let’s get together and build on friendships.
Wednesdays
9.30 a.m. - 11.30 p.m.
in the Outside School Hours Care room.

Please bring along a piece of fruit to share.
We follow the healthy eating guidelines and encourage the SunSmart messages that are taught to the students at school, to provide a great foundation for future students.

Session dates and activities:
- Wednesday November 26th— Box Construction
- Wednesday December 3rd— Making Cupcakes
- Wednesday December 10th— Adventure Play in the Multi-Purpose Building
- Wednesday December 17th— Christmas Break-Up

For information of what events are coming up in playgroup please visit the school website Playgroup page.

Join us on Facebook: www.facebook/calgullyplaygroup

School Assembly starts at 8.55 a.m. Please be on time!
Congratulations to the following students on being named Student of The Week for their positive attitude to school and social values.

**Friday November 14th**

**Prep/1 Christian:**
- Sam H. - For his efforts this week during all lessons. Always giving 100%.
- Hamish S. - For a great week during class time and out in the yard.

**Prep/1 Holt:**
- Jackson H. - Welcome back Jackson.
- Piper K. - For working diligently in class.

**2 Reilly-Peacock:**
- Billy N. - For a great effort when working with tally tables and picture graphs.
- Kohby U. - For being an attentive and respectful student during class discussions.

**3/4 Ennor:**
- Kathryn G. - For writing informative information texts.
- Lani McC. - For displaying good comprehension skills.
- Georgia R. - For working well in reading sessions.

**5/6 Windridge-Doolan:**
- Mitch G. - For formulating excellent questions to ask Ms. Conrad’s grade in Santa Rita.
- Shaylah H. - For formulating excellent questions to ask Ms. Conrad’s grade in Santa Rita.
- Paris S. - For formulating excellent questions to ask Ms. Conrad’s grade in Santa Rita.

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**Student Banking**

Don’t forget that every Friday is School Banking day and students should bring in their weekly deposit.

For every deposit made at school, no matter how big or small, students will receive a cool Dollarmites token. Once students have individually collected 10 tokens they can redeem them for an exclusive School Banking reward item in recognition of their continued savings behaviour. There are new reward items available during Term 4, a projector cup and sea streamers. These are on display in the school office.

Remember our school earns 5% commission on every deposit made (to a maximum of $10 per individual deposit). Thank you for supporting the School Banking program at California Gully Primary School.

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_School Assembly starts at 8.55 a.m. Please be on time!_
HEALTHY LIVING

GREAT TIPS FOR HEALTHY KIDS

TIP 30. FAMILIES MAKE THE BEST RUNNING MATES

Families can take many forms, but whatever the form, they can join together in sport and other physical activity.

Doing activities with other family members helps keep you motivated. It’s always easier to get into physical activity when you have a partner or two, and who better than a parent, brother or sister?

What you can do NOW

- Join the kids for a run around the block.
- Prepare a picnic lunch and set off for a bushwalk together.
- Take the kids to the park to fly a kite.
- Play a game of cricket in the backyard.
- Take the whole family roller-skating.

Top Tip

Kids who aren’t active tend to come from families that aren’t active. Active kids tend to come from active families.

Good Idea!

Talk with your kids about the sorts of physical activity you could do together. Some people prefer less strenuous activity, while others prefer a really good workout. Try to include whatever physical activity best suits each of your kids.

Essential Fats

Fat is an essential part of every diet, however, some fats are better for you than others. It has been proven that too much saturated fat is linked to heart disease and cancer. Omega-3, monounsaturated and polyunsaturated fats (essential) can reduce the level of cholesterol in the blood and are beneficial to the heart. Follow this guide and enjoy the benefits of consuming the ‘right’ fats. Remember that all fats are high in energy (kilojoules) and should only be consumed in small amounts.

<table>
<thead>
<tr>
<th>Saturated Fats</th>
<th>Monounsaturated</th>
<th>Polyunsaturated</th>
<th>Omega-3 Fats</th>
</tr>
</thead>
<tbody>
<tr>
<td>Butter</td>
<td>Olives</td>
<td>Wheatgerm</td>
<td>Herring</td>
</tr>
<tr>
<td>Cream</td>
<td>Olive oil</td>
<td>Sunflower seeds</td>
<td>Salmon</td>
</tr>
<tr>
<td>Fat on meat (including salami)</td>
<td>Canola oil</td>
<td>Safflower seeds</td>
<td>Tuna</td>
</tr>
<tr>
<td>Cheese</td>
<td>Peanuts</td>
<td>Soy beans</td>
<td>Mackerel</td>
</tr>
<tr>
<td>Full-cream milk</td>
<td>Peanut oil</td>
<td>Cottonseed</td>
<td>Sardines</td>
</tr>
<tr>
<td>Lard/ Copha</td>
<td>Avocados</td>
<td>Maize</td>
<td>Walnuts</td>
</tr>
<tr>
<td>Processed foods such as pastries, cakes &amp; biscuits</td>
<td>Most nuts</td>
<td>Sesame</td>
<td>Pecans</td>
</tr>
<tr>
<td>Coconut cream/milk</td>
<td>Lean meats</td>
<td>Grape seed</td>
<td>Canola</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Pine nuts</td>
<td>Olive Oil</td>
</tr>
</tbody>
</table>

For further information visit www.nutritionaustralia.org and see what other food facts are available.

EGGS FOR SALE

Our girls are busy laying lots of eggs, $2.50 a dozen. See Wendy in the grade 3/4 room.

School Assembly starts at 8.55 a.m. Please be on time!
Don’t forget to check out the school’s website www.californiagullyps.vic.edu.au

headspace parent forum

headspace Bendigo is presenting a free parent forum for parents/caregivers of young people aged 12-25 years.

Do you have any concerns with your child/young adult in regards to the following?
- drug and alcohol issues
- isolation and lack of friendships
- problems at school
- mental health/behaviour issues
- out of character behaviour

Our forum will provide information regarding young people:
- early warning signs
- where to access support
- strategies about how to address issues that may arise
- Q & A time to ask specific questions

This forum will give you some tools to take back into your home environment and an understanding of why this is happening.

Date: Monday, November 17
Time: 10am - 12.00pm
Venue: Headspace Bendigo
102 Hargreaves St (upstairs)
RSVP: Friday November 14
headspace Bendigo
5434 2029
Cost: No Charge
Further information please call 5434 2029

EAGLEHAWK TRADERS
Christmas Street Party
SATURDAY, DECEMBER 6TH
9AM – 1PM
SIDEWALK SALES
DANCING
CHOIRS BANDS
BBQs FACE PAINTING

AND A SPECIAL VISIT FROM SANTA!

Caring for a child who is not your own?
Need information and support?
St Luke’s Kinship Connect
Support and Information Line

Free call
1800 992 495

Thanks to Empowering Eaglehawk, The Eaglehawk Football Netball Club and the Peter Krenz Leisure Centre/YMCA we have a community breakfast program for all families and staff of California Gully. The community breakfast program will continue tomorrow Friday November 21st at 8 a.m. (please note that we will stop serving breakfast at 8.20am. any children who arrive after 8.20 a.m. will miss out).
Sharing in breakfast together, what a great way for our school community to start to start the day!

School Assembly starts at 8.55 a.m. Please be on time!
COMmunity Fundraising dinner at Bendigo stadium

Family Name: ____________________________

Number Attending: _________ Phone Number: ____________________________

Please return to school office by Tuesday November 25th.

School Assembly starts at 8.55 a.m. Please be on time!