Californiagullyps.vic.edu.au

The Bell Topper

Volume 33 No. 34

Thursday November 12th 2015

Mission

At California Gully Primary School we educate students to be lifelong learners and well informed and productive community members who are well prepared to become active, engaged and responsible citizens of the local and global community.

Important Reminder

- Second Transition and Information Session for 2016 Preps - Tuesday November 17th
- School Fair - Thursday November 26th
- There will be NO Breakfast Program tomorrow, Friday November 13th

From the Principal

Remembrance Day

A number of our year 6 students attended the Remembrance Day ceremony in Eaglehawk at Brassey Square. The service was a fitting tribute to our past and current serviceman and women. Our school captains Jacoby and Mikayla laid the wreath and the other students paid their respects to our fallen servicemen and women. A number of short films followed the service. The films were produced by local Jamie Roberts and centred on the lives of the ANZAC's and their families who came from Eaglehawk. I am sure the students gained a greater insight into the life and sacrifices of our serviceman and women and their families from our region.

Transition Day

Next Tuesday, 17th November our 2016 Preps will come to school for their second transition day. The students will again attend school from 9.15am-10.45am. A variety of engaging activities will be undertaken with the students. An information session and morning tea will be provided to the 2016 Prep parents from 9.30am.

Don’t forget to check out the school’s website www.californiagullyps.vic.edu.au

California Gully Primary School

P.O. Box 88
California Gully 3556
Phone: 5446-8393
Fax: 5446-3115
Email: california.gully.ps@edumail.vic.gov.au
Website: www.californiagullyps.vic.edu.au

From the Principal

Calendar

Friday November 13th
NO Breakfast Program

Tuesday November 17th
2016 Prep Transition & Information Session

Wednesday November 18th
P-2 Melbourne Zoo Excursion
Friday November 20th
Book Club Orders and Money Due

Thursday November 26th
School Fair

Friday November 27th
Whole School Incursion - Sink or Swim

Monday November 30th to Friday December 4th
Swimming Program

Every Tuesday and Friday
8.30 a.m. - 8.55 a.m.
Library Open for borrowing and returning books and quiet reading

Every Wednesday 9.30 a.m. - 11.30 a.m.
Playgroup

Every Friday 8.00 a.m. - 8.20 a.m.
Breakfast Program

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School Assembly starts at 8.55 a.m. Please be on time!
2016 ARRANGEMENTS
2016 grade structures are close to being finalised for next year. I am asking parents to let the office know if their children may be moving schools in 2016. If you are aware of a family coming to our school but as yet has not made contact please ask them to contact the school immediately. Accurate student numbers for planning are crucial.

STUDENT SUPPORT
From time to time children will have disagreements with one and other whether it is in the classroom or yard and as a result sometimes inappropriate choices can be made. At California Gully Primary School we adhere to a behaviour management model called the ‘Student Support Process-A Staged Response’. This ensures all staff follow the same guiding principles / guidelines and we are consistent with our decision making. Depending on the nature of the inappropriate behaviour we determine a logical consequence. Sometimes children are required to attend ‘Reflection Time’ where they have an opportunity to think about their behaviour how it has affected others and to explain what they could have done and what they will do if something similar occurred again. An important part of this process is the sending home of the ‘Reflection Time Sheet’. The intent is to ensure clear communication with parents and carers and provides an opportunity for parents to follow up on any questions they may have regarding their child’s behaviour, if required. There are a variety of levelled consequences available to the school some more obvious to students, parents and carers than others. If there comes a time where you have a query around an issue that may involve your child please contact me for clarification.

ASTHMA & HAY FEVER SEASON
If children need medication for Hay Fever through the school day please bring it to the school office, clearly named with pharmacy label attached. Make sure that the medication is in date. Inform the school office if your child has been medicated before school on any particular day. If your child is asthmatic they should have their asthma medication with them every day and for a more effective recovery they should also have their own spacer.

Jason Lee
Principal

CAL GULLY’S

We are holding “Cal Gullys Got Talent” auditions again this year as a Junior School Council fundraiser.
If you would like to go in the competition please bring $2 for your entry and give to Mickayla or Jakoby in Grade 6.
Auditions will be held late in November in front of JSC representatives, and teachers.
Those students who make it to “the final” will be informed after auditions.

School Assembly starts at 8.55 a.m. Please be on time!
Parents’ Club Meeting
The next meeting will be held on a day and time to be confirmed in the conference room.

Second-hand Uniforms Wanted
Parents’ Club want to start a Second-hand Uniform Store. If you have any unused uniforms including track pants, hats, plain polo’s you would like to donate please bring them to the school office.

Contacting the Parents’ Club
If you wish to contact the Parents’ club have an email address which is cgpparentsclub@gmail.com.

PepperGreen Farm vegie bags available to order through Wendy Ennor.
Place your order on a Wednesday, $30 full bag or $15 half bag.
Price includes delivery to school.

SCHOOL CALENDAR

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<td>Prep to 2 Melbourne Zoo Excursion</td>
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School Assembly starts at 8.55 a.m. Please be on time!
Here are some new Maths Puzzles for all the family. Have a go at these at home, bring in your neat answers and we will display them on the Maths Board in the undercover area. It would be great to see some new work up on display each week! Give your work to Mrs Peacock or Mrs Windridge.

**Level 1**

Six oranges fit into a medium box. A small box holds \( \frac{1}{6} \) that many. A large box holds double the number of oranges of a medium box. I buy one small and two large boxes. How many oranges will I get?

**Level 2**

I have 3 coins that total less than 50 cents. Two of the coins are the same. What three coins might I have?

**Level 3**

Draw a line on a clock face so that the numbers on both sides have the same total.

**Level 4**

Place addition signs between the digits of the number 987654321 to create an addition equation with an answer of 99 (the digits must remain in order).
Bendigo Market Place

Money Can Grow on Trees

From Monday 2\textsuperscript{nd} November to Sunday 13\textsuperscript{th} December shop at Bendigo Market-place and put your shopping receipts towards our school. This can be done by either:

\begin{itemize}
\item Placing receipts in our school’s drop box located next to the tree display
\item Visiting the customer service staff (Please note Customer service hours will be limited)
\end{itemize}

Last Thursday, November 5th, Kerryn took Taylah B., Emily K. and Ella L. to the Bendigo Market Place to decorate our tree with decorations made by some of our classes. The girls did a great job decorating the tree and represented the school in a positive manner in the local community.

Please don’t forget to vote for our tree when you are shopping at the Bendigo Market Place over the next few weeks.
GREAT TIPS FOR HEALTHY KIDS

TIP 14. PROTEIN BUILDS THE BODY

Protein has been called ‘the building block’ of life and of the human body. It helps to build muscle, skin, and blood, and to maintain and repair body tissue. Everyone needs adequate amounts of it every day.

The main sources of protein are meat, chicken, fish, eggs, cheese, mild, seeds, tofu and legumes (e.g. chickpeas and lentils).

What you can do NOW

♦ Every day, serve your child at least one of these: a small piece of chicken, meat or fish; two small eggs; half a cup of lentils; or a large glass of reduced-fat milk.
♦ Avoid serving processed meats, such as salami, devon or pressed chicken.

Top Tip

For the school lunch box, add falafel or lentil patties, or as small can of salmon or tuna.

Good idea!

Lean mince is a good source of protein for kids, and most kids love it. It makes for quick, easy meals, such as spaghetti bolognese, meatballs, hamburgers, meatloaf ad rissoles. Keep lean mince frozen in 500g packs so that you always have some ready.

HAPPY, HEALTHY BODIES!!

♦ Teach your kids that their body size and weight are just one part of who they are. Point out that everyone is a different shape and size, just like hair and eye colour, shape is a normal part growth and development.
♦ Set a good example. Putting down your own body in front of your kids sends a clear message that it’s OK not to like yourself. Focus on health not weight.
♦ Compliment other aspects of children such as personality, manners, hair, or smile!
♦ Encourage active possibilities and limit inactive possibilities. Encourage outside play after school instead of watching the TV or playing computer games.
♦ Don’t refer to foods as ‘good’ or ‘bad’ but rather ‘everyday’, ‘healthy’ or ‘sometimes’ foods.
♦ It is easier for a child to make good food choices when access to less healthy choices is limited.
♦ Save high fat and high sugar foods for treats and celebrations.
♦ Avoid using foods as a rewards

♦ Children may need encouragement to eat more, rather than less, but of a broader range of healthier foods.
♦ Exposing children to a wide variety of foods will embed a preference for these foods later in life (even if they complain about eating their greens as a teenager!)
♦ Make family mealtimes part of your routine. Whenever possible, sit and eat together as a family and have the TV turned off.

Nutrition Australia

www.nutritionaustralia.org

School Assembly starts at 8.55 a.m. Please be on time!
Congratulations to the following students on being named Student of The Week for their positive attitude to school and social values.

**Friday November 6th**

**Prep/1 Christian:**

Dante A. - For putting in so much effort on his animal groups writing book.

**2/3 Carroll-Hinton:**

Mia A. - For having a go and doing her best at classroom activities.

Ashlee M. - For working through maths tasks and explaining her thinking.

**4/5 Windridge-Reilly:**

Benjamin A. - For excellent research skills and hard work during our mystery skype session.

Dakoda B. - For excellent research skills and hard work during our mystery skype session.

**6 McKerrow:**

Mickayla B.-W. - For excellent leadership within the classroom.

Lachlan F. - For excellent leadership within the classroom.

Jordan H. - For excellent leadership within the classroom.

Shaun McC.-S. - For excellent leadership within the classroom.

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2015 Eaglehawk UFS Dispensary - CANTERBURY CAROLS.

Canterbury Park Sound Shell, Sunday December 13. Lions Club Free sausage sizzle at 6pm followed by the Carols Program at 7pm. School Choirs, Sing Australia Choir, “Our Place Minstrels”, Guest Artists and Santa. Free Program and Glow Stick. Please bring your own seating/rug. Come and enjoy this “FREE” family night. If inclement weather to be held in the Peter Krenz Leisure Centre – Napier Street Eaglehawk.

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School Assembly starts at 8.55 a.m. Please be on time!
Don’t forget to check out the school’s website www.californiagullyps.vic.edu.au

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ANNUAL ‘HELP THE CHICKENS’ MONTH

Our annual ‘Help the Chickens’ month is underway. If you would like to make a Gold Coin donation to help feed the girls and (and boy). Drop your donation in to Wendy.

PLAYGROUP

Let’s get together and build on friendships.

Wednesdays

9.30 a.m. - 11.30 p.m.

in the Outside School Hours Care room.

Please bring along a piece of fruit to share.

We follow the healthy eating guidelines and encourage the SunSmart messages that are taught to the students at school, to provide a great foundation for future students.

Session dates and activities:

- **November 11th**: Sand/Water Play
- **November 18th**: Pasting
- **November 25th**: Multi-Purpose Room—Adventure Play
- **December 2nd**: Making Christmas Decorations
- **December 9th**: Christmas Cooking/Party

For information of what events are coming up in playgroup please visit the school website Playgroup page.

Join us on Facebook: www.facebook/calgullyplaygroup1

AFTER SCHOOL CARE

Monday to Friday 3.15 p.m. to 6.00 p.m.

- Available for all parents of California Gully Primary School
- Affordable
- Childcare in a safe and secure environment
- Providing interesting activities for all children
- Permanent/Casual Bookings available
- Emergency bookings always available

The program in term 4 is running well and the children having an enjoyable time.

A reminder to all parents; with the end of the year fast approaching all accounts will need to be finalised. Please talk to Nicole if your are having difficulties.

Mrs. Paton

School Assembly starts at 8.55 a.m. Please be on time!
Wanted: Mulberry Leaves
It’s Spring and the silkworm eggs had hatched. Please see Annette if you are able to provide a class with mulberry leaves. We will require an abundance of mulberry leaves to feed the silkworms.

TATTOOS
We are looking for donations of temporary tattoos for the Grade Prep/One stall at the fair. Can each child please send along a tattoo donation suitable for children.
Thank you!

BOOK CLUB
Issue 8 is out and due back to school on Friday, November 20th. It is the last issue for the year. It is a good opportunity to get some books for Christmas presents.
Please see your child’s teacher if you wish to order a book for Christmas that you don’t want given to your child to bring home.

5c Drive
Keep up the great collecting.
10 kilograms. Hurrah!
Our five cent collection now weighs.
10.476 kilograms.
Collector of the week:
Taylah B.
Our final day for bringing our 5 cent coins to school will be Wednesday 25th Nov.
On this day we will be laying the coins on the netball court lines. Will we be able to trace the whole of the court?

School Assembly starts at 8.55 a.m. Please be on time!
Don’t forget to check out the school’s website www.californiagullyps.vic.edu.au

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**CVLT All Wares Market Night**

Free Entry

Thursday 12 November, 6 – 8.30pm

- Face Painting
- BBQ
- Massages
- Plasta Painting for Kids
- Lucky Dip

**Stalls Include**

- Envy Jewellery
- Scentsy
- Hair Blitz
- Kasazz Scrap Booking
- Heather’s Cake Stall & Finger Food Catering

Quarry Hill Hall
Hamlet Street

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City of Greater Bendigo Whipstick Ward Meetings

7pm - 8.30pm

Ward Councillors – Mayor Peter Cox, Lisa Ruffell and James Williams

Meeting time and date may be subject to change. To confirm, please visit [www.bendigo.vic.gov.au](http://www.bendigo.vic.gov.au)

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<th>Ward</th>
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<tr>
<td>Bendigo</td>
<td>7pm, Monday November 16</td>
<td>Bendigo Library, Activity Rooms 1 &amp; 2 259 Hargreaves Street, Bendigo</td>
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Catch the savings bug with school banking every Tuesday.

Eaglehawk Branch
CNR High & Church St
Eaglehawk VIC 3556
P: 03 5446 8511

Bendigo and Adelaide Bank Limited, ABN 11 068 049 178. AFSL 237879, (S28623) (04/10)

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**Jim Wid Tennis Coaching**

Tennis. Fun. For Life.

 Unsure? FREE trial.

FREE racket for new enrollments (Age 9 and under)

Contact Jim: 0431269930
email: jimwidtennis@gmail.com
website: www.jimwidtennis.com

Yarra
Spring Gully
Strathdale
California Gully

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Varietysville & City of Greater Bendigo presents

**FUNFEST**

Hargreaves Mall

**SITUATION 28th NOVEMBER**

10am – 2pm

An action packed day with four of Australia's finest and funniest street performers

funfestoz.com

Lunch kindly donated by Cafe Cartile
322 Lyttleton Terrace

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City of Greater Bendigo Whipstick Ward Meetings

7pm, Monday November 16

Bendigo Library, Activity Rooms 1 & 2
259 Hargreaves Street, Bendigo
Don’t forget to check out the school’s website www.californiagullyps.vic.edu.au

School Assembly starts at 8.55 a.m. Please be on time!

Thanks to Empowering Eaglehawk, The Eaglehawk Football Club and the Peter Krenz Leisure Centre/YMCA we have a community breakfast program for all families (parents are more than welcome to attend) and staff of California Gully. The community breakfast program continues next Friday November 20th at 8 a.m. (please note that we will stop serving breakfast at 8.20 a.m.).

Sharing in breakfast together, what a great way for our school community to start the day!

We would also like to acknowledge the assistance of Fairley's IGA in Eaglehawk for providing the food for the breakfast.

California Gully Primary School

Join us at our weekly Breakfast Program

Every Friday from 8 a.m. to 8.20 a.m.

Introducing Fresh Fruit Friday

Benefiting the health and wellbeing of our Bendigo school children

Proudly funded and supported by: