The Bell Topper

Volume 34 No. 35

Thursday November 10th 2016

MISSION

At California Gully Primary School we educate students to be lifelong learners and well informed and productive community members who are well prepared to become active, engaged and responsible citizens of the local and global community.

IMPORTANT REMINDER

- Parents Club Meeting - Friday November 11th
- Curriculum Day (Student Free Day) - Wednesday November 16th
- No Breakfast Program - Friday November 18th
- Production DVD Orders Due (with correct money) - Friday November 18th
- Prep 2017 Transition Day - Tuesday November 22nd
- Final Breakfast Program for 2016 - Friday December 2nd
- Prep 2017 and Grade 6 Orientation Day - Tuesday December 6th

FROM THE PRINCIPAL

PRODUCTION — ‘KIDS IN PARADISE’

Congratulations to everyone involved in the school production ‘Kids in Paradise’. An event such as a school production is a great way to bring the school community together and on Tuesday night it looked and sounded so true.

I would like to take the opportunity to acknowledge the efforts of many.

Events such as a production can be quite hectic for families particularly the evening leading up to it. So I would like to thank the families for ensuring their children were on time and well prepared for their roles.

To the parents who assisted throughout the term making costumes and props thank you so much as this allowed the staff to concentrate more on organising the children rather than ‘juggling’ all the other production tasks.

A big thanks to staff for finding time to practice and prepare class songs, assisting with transition on and off stage, occupying the children in the various waiting rooms and willingness to assist in any way they could to ensure the production was a success.
Miss Ennor was our producer, director, talent scout, props and costume coordinator, (and the list goes on). Miss Ennor’s ability and willingness to commit so much of her time and energy to the production is a testament to her desire to see the children across the school not only be involved in an event they will never forget but achieve so much success from their participation. Well done Miss Ennor.

Of the production itself, I was delighted by the performance of the children. Each child played their role to perfection whether it was as a lead character, having a smaller role, singing and dancing or assisting backstage. In the lead up and during the production the children demonstrated teamwork, persistence in learning their lines, songs and routines, resilience because not everything goes according to plan and confidence through the way they performed in front of a big audience. Well done California Gully Primary School!

eSMART PROGRAM
You may have seen a couple of eSmart signs placed at the front of the school and in our car park. This indicates we are now an e-smart school which has been accomplished through a review of our ICT program and the important stance we take on students being ready for the digital world. From time to time we hear about issues of children being on social media and coming into contact with strangers. Is your child aware of how to deal with this? If this occurred and you were concerned who do you call? Importantly at what age is it appropriate for my child to have access to certain social media sites? As part of our eSmart Program and keeping our school community informed I am providing families with the following link: [https://esafety.gov.au/esafety-information/games-apps-and-social-networking](https://esafety.gov.au/esafety-information/games-apps-and-social-networking) This links provides a range of information on games, apps and social networking. A couple of key pieces of information I was able to obtain through 5 minutes of navigation include: Facebook is available to people over the age of 13. Facebook will not create an account for a person who lists their age as under 13; People of all ages can play Minecraft. However, children under the age of 13 are unable to create a Mojang account without their parents permission; Moshi Monsters is intended for children aged 6–12 years old, but people of all ages can create an account; Snapchat is intended for people who are at least 13 years old. Persons under the age of 13 are prohibited from creating Snapchat accounts. For certain features or functionality offered, users must be at least 18 years old; Musical.ly is intended for people over the age of 13, based on the following content warning...

I would encourage all parents and carers to view this site and at an appropriate time talk to your children about the positive aspects of social media, the dangers and the age restrictions for many of the sites.

PUPIL FREE DAY
A reminder for parents that Wednesday 16th November has been approved for a Pupil Free Day.

2017 PLANNING
It would assist the school greatly if any families who know they will not be attending California Gully PS in 2017 could let the office know. Also if you are aware of a family intending to enrol their child at our school please let us know. Thank you for your consideration in this matter.

Jason Lee
Principal
Parents’ Club Meeting
The next meeting of the Parents’ Club will be in the conference room after assembly tomorrow, Friday November 11th. We need desperately more members so new members are always welcome.

Parents’ Club has purchased a new fridge for Miss Ennor’s classroom. The cost of the fridge was $698. These funds came from the fundraising efforts that Parents’ Club have undertaken.

Contacting the Parents’ Club
If you wish to contact the Parents’ club have an email address which is cgpsparentsclub@gmail.com.

Parents’ Club Christmas Raffle
Tickets will go home November 25th.
Prizes so far:

1st $100.00 Hamper (Parents’ Club)
2nd Crochet Owl (donated by Renee Jenkins)
3rd ‘Stampin Up’ Pack including a free card making class voucher (donated by Renee Jenkins)

If you would like to make our raffle bigger and better, you can leave donations of non-perishable food items at the office.
The raffle will be drawn at the end of year concert on Thursday December 15th.

Thank you to all families who support the Parents’ Club.

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>November 14th - November 18th</td>
<td>School Council Meeting</td>
<td>School Banking Day - Bendigo Bank</td>
<td>Parents’ Club Breakfast Program</td>
<td>School Banking Day - Commonwealth Bank</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Curriculum Day</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Preparations</td>
<td></td>
<td>Breakfast Program</td>
<td></td>
</tr>
<tr>
<td>November 28th - December 2nd</td>
<td>School Banking Day - Bendigo Bank</td>
<td>Parents’ Club Breakfast Program</td>
<td>School Banking Day - Commonwealth Bank</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Breakfast Program</td>
<td></td>
</tr>
<tr>
<td>December 5th - December 9th</td>
<td>School Banking Day - Bendigo Bank</td>
<td>Parents’ Club Breakfast Program</td>
<td>School Banking Day - Commonwealth Bank</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Orientation Day</td>
<td></td>
<td>Breakfast Program</td>
<td></td>
</tr>
</tbody>
</table>

School Assembly starts at 8.55 a.m. Please be on time!
To report an absence through the school website you can use this link Report an Absence
GREAT TIPS FOR HEALTHY KIDS

Tip 2. Parents are role models

Little kids watch their parents carefully. This is how they learn. As they get older, there are other influences, like other kids, relatives and people on TV. But they still notice what you do and how you do it. This is why it’s so important for you to make healthy choices. If you choose to walk rather than drive, your kids will get the message. If you choose to eat fresh foods regularly, your kids will follow your lead.

What you can do NOW

- Be active every day as much as you can.
- Be choosy about what you watch on TV and what the kids can watch.
- Eat nutritious rather than high-fat and sugary snacks.

Top Tip

Let your kids see you becoming more active.
Learn to ride a bike or surf.
Join a fun run or fun walk and take the kids along.

Good Idea!

Stock up your cupboard and fridge with healthy foods like fruits, vegetables, pasta and legumes (e.g. chickpeas and lentils). Take an interest in nutritious foods and learn how to prepare them in new and delicious ways. Your enthusiasm will rub off on your kids.

HAPPY, HEALTHY BODIES!!

- Teach your kids that their body size and weight are just one part of who they are. Point out that everyone is a different shape and size, just like hair and eye colour, shape is a normal part of growth and development.
- Set a good example. Putting down your own body in front of your kids sends a clear message that it’s OK not to like yourself. Focus on health not weight.
- Compliment other aspects of children such as personality, manners, hair, or smile!
- Encourage active possibilities and limit inactive possibilities. Encourage outside play after school instead of watching the TV or playing computer games.
- Don’t refer to foods as ‘good’ or ‘bad’ but rather ‘everyday’, ‘healthy’ or ‘sometimes’ foods.
- It is easier for a child to make good food choices when access to less healthy choices is limited.
- Save high fat and high sugar foods for treats and celebrations.
- Avoid using foods as a rewards

- Children may need encouragement to eat more, rather than less, but of a broader range of healthier foods.
- Exposing children to a wide variety of foods will embed a preference for these foods later in life (even if they complain about eating their greens as a teenager!)
- Make family mealtimes part of your routine. Whenever possible, sit and eat together as a family and have the TV turned off.
Congratulations to the following students on being named Student of The Week for their positive attitude to school and social values.

Friday November 4th

1/2 Peacock-Hinton:

Morag C. - For displaying increased concentration during Writing and Maths sessions.
Sam H.- For being a friendly, co-operative class member.
Xavier H. - For 250 nights of home reading.

5/6 Windridge:

Shelby G. - For doing his personal best at all times.
Isabel P. - For 200 nights of reading.

TISSUES

With hay fever season well and truly upon us there are a lot of sniffles. Can parents please send a box of tissues to school for their child’s classroom.

School Assembly starts at 8.55 a.m. Please be on time!
To report an absence through the school website you can use this link Report an Absence
School Production 2016

School Assembly starts at 8.55 a.m. Please be on time!
To report an absence through the school website you can use this link Report an Absence

Don’t forget to check out the school’s website www.californiagullyps.vic.edu.au
Don’t forget to check out the school’s website www.californiagullyps.vic.edu.au

School Assembly starts at 8.55 a.m. Please be on time!
To report an absence through the school website you can use this link Report an Absence
OUTSIDE SCHOOL HOURS CARE
Monday to Friday 3.15 p.m. to 6.00 p.m.

- Available for all parents of California Gully Primary School
- Affordable
- Childcare in a safe and secure environment
- Providing interesting activities for all children
- Permanent/Casual Bookings available
- Emergency bookings always available

Mrs. Paton

PLAYGROUP
Let's get together and build on friendships.

Wednesdays
9.30 a.m. - 11.30 p.m.
in the Outside School Hours Care room.

Please bring along a piece of fruit to share.
We follow the healthy eating guidelines and encourage the SunSmart messages that are taught to the students at school, to provide a great foundation for future students.

Session dates and activities:

- November 16th: ‘Fireworks’ Painting
- November 23rd: Adventure Play - Outside
- November 30th: Free Play

For information of what events are coming up in playgroup please visit the school website Playgroup page.

Join us on Facebook: www.facebook/calgullyplaygroup1

School Assembly starts at 8.55 a.m. Please be on time!
To report an absence through the school website you can use this link  Report an Absence
School Assembly starts at 8.55 a.m. Please be on time!

To report an absence through the school website you can use this link: Report an Absence
BESTELLA & LA TROBE UNIVERSITY PRESENTS

Shining Bright

With Jane Bunn

19 November 2016
1pm - 4pm High Tea
Bendigo Town Hall

General Ticket $100
Table of Ten $1000

Join the vibrant meteorologist and Seven News Melbourne weather presenter and be taken on a journey of career courage in the public spotlight.

For more information visit: www.bestella.com.au/events

---

School Assembly starts at 8.55 a.m. Please be on time!
To report an absence through the school website you can use this link Report an Absence

---

Don’t forget to check out the school’s website www.californiagullyps.vic.edu.au

---

Book Fair. Buy One, Get One Free

Once again we are having a Book Fair in the Library.
This is a Special Offer by Scholastic, where if you buy a book, you get another book for the same value for free.

The fair went very well last year, and so we had the opportunity to run it again.

The school does not make any commission on this fair, as it is an opportunity for our students and parents to save some money before Christmas.
Books make a wonderful present for your children, and encourages them to keep reading over the Christmas Break.
This is the way it will work this year.
The Book Fair Will Only Be Open For Purchasing On The Following Days and Times:

**Thursday 10th November**
- 8.30 – 8.50
- 3.15 – 4.00

**Friday 11th November**
- 10.00

**Monday 14th November**
- 8.30 – 8.50
- 3.15 – 4.00

**Tuesday 15th November and Wednesday 16th November**
- 8.30 – 8.50

**Thursday 17th November**
- 8.30 – 8.50
- 3.15 – 4.00

**Friday 18th November**
- 10.00

**Monday 21st November**
- 8.30 – 8.50
- 3.15 – 4.00
Don’t forget to check out the school’s website www.californiagullyps.vic.edu.au

School Assembly starts at 8.55 a.m. Please be on time!
To report an absence through the school website you can use this link  Report an Absence
Spring Summer Series - Bendigo

Miss Me-time is a chance for all women to giggle, jiggle and wiggle together while being active. All you need to do is rock up in your active wear!

November

- **Knock it out**
  - Tuesday 16 November
  - 1.30pm
  - Corner of Chinda & Mitchell Street, Bendigo

- **Step right up**
  - Tuesday 22 November
  - 5.45pm
  - Rosalind Park Roundup, Bendigo

- **Sticking with it**
  - Thursday 24 November
  - 9.30am
  - Spotlight car park, Marong Road, Bendigo

December

- **Twist and twirl**
  - Thursday 1 December
  - 10am
  - 15 Alfred Street, North Bendigo

- **Reach your goals**
  - Wednesday 7 December
  - 9.30am
  - 140 Victoria Street, Eaglehawk

- **Catch & release**
  - Friday 16 December
  - 6pm
  - Rodda Oval, Porepunkah, Strathfields

Special treat for you!

We think all Miss Me-time ladies deserve a treat, so we are giving you the chance to get up to 3 hot drink vouchers. All you need to do is rock up!

Visit out Facebook page to find out more!

Facebook.com/missmetimemary

---

School Assembly starts at 8.55 a.m. Please be on time!

To report an absence through the school website you can use this link Report an Absence