MISSION
At California Gully Primary School we educate students to be lifelong learners and well informed and productive community members who are well prepared to become active, engaged and responsible citizens of the local and global community.

IMPORTANT REMINDER
- Book Club Issue 4 Orders Due - Thursday May 26th
- Parents’ Club Meeting - Friday May 27th
- Working Bee - Thursday June 2nd
- Queen’s Birthday Public Holiday - Monday June 13th
- School Camp Payments Finalised - Friday June 17th

FROM THE PRINCIPAL
CURRICULUM DAY
Yesterday at our curriculum day a number of workshops were run focusing on our whole school writing program, intervention for students in the Early Years, reviewing of our reading program and the assessment we use to monitor a child’s progress and identify any potential learning difficulties. It was a highly successful day and many future educational strategies were identified and will be implemented in the weeks and months to come. I would like to thank Maria and Bec from Quarry Hill P.S for their assistance on the day with our writing session.

WORKING BEE
There will be a Working Bee held at school on this Thursday June 2nd. It will start at 3.15pm and finish by 4.45pm. A snack and drink will be provided for all children able to stay and assist.

An induction session and sign in will take place in the Conference Room (opposite the office). Even if you can only stay for a short time your assistance will be greatly appreciated. We aim to give the yard a general tidy up including weeding, pruning, replenishing the playground soft-fall and possibly some minor maintenance.

School Assembly starts at 8.55 a.m. Please be on time!
To report an absence through the school website you can use this link Report an Absence
PARENT SURVEY FINDINGS

Once again thank you to the 39 parents (or 1/3 of our families) for completing the parent survey. I have had a chance to collate the information and analyse the data and here are a few of the messages that are coming through.

99% of the parents talk to their children regularly about school life which is extremely important however 69% of parents have never or rarely help out at school. This may be because of work commitments or commitments with other siblings however it would be great to be able to engage with families more often and this is an area to look at.

Two thirds of our families believe we have a very good to excellent range of programs and 1/3 believe they are adequate. Overall this is a positive result but there is scope for improvement. As a school staff we are always reflecting on our programs and considering ways to build upon them and engage our students.

84% of parents believe their child has a very good or excellent sense of belonging and connectedness to school. This is a pleasing result and indicates the work we do around our school values, social skills program and programs to connect with students is sound. We will however not become complacent and will always be reviewing our programs and considering ways to enhance the sense of belonging and connectedness the students have at Cal Gully P.S.

There was a quite a spread of preferred methods of communication ranging from the newsletter (10 families), Skoolbag App and phone calls (9 families respectively) and letters home, class notes and email (8 families). Face to face, text, and mail also were mentioned but only as a small percentage.

The importance of the school programs we currently run throughout or during the year based on parent opinion did also vary somewhat. The Math Specialist Program, Swimming Program, and Stephanie Alexander Kitchen Garden Program were favoured slightly. Importantly as a school we need to continue to communicate our programs and how they are being implemented across the school and with specific grades so you, the parents understand their importance within our school curriculum and the role they play in our school community.

Jason Lee
Principal

Lost from the Grade 5/6 McKerrow Classroom 1 Hearing Aid - if found please return it to Mr. Mac in his classroom or to the school office.

CSEF (Camps, Sports & Excursion Fund)

Applications are closing soon for families who are Health Care Card holders to apply for the funding - forms are available from the school office, when completing your application please bring a long your current Health Care Card, this is needed for the application to be accepted. Applications need to be at the school by Friday June 17th.

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CALIFORNIA GULLY FACEBOOK PAGE
Interested in following the great events and activities occurring at California Gully Primary School then use the link below to get to our official Facebook Page.

https://www.facebook.com/californiagullyps/

GRADE 3 TO 6 CAMP
Please note that Camp payments **need** to be finalised by Friday June 17th. If you would like to pay directly into the school bank account the details are:

- BSB: 063-506
- Account Number: 1011 3387
- Account Name: California Gully Primary School Council Official Account
- Reference: Camp for (Child’s Name)

A reminder that the total cost of the Grades 3 to 6 Camp is $250.00

SCHOOL CALENDAR

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>May 30th - June 3rd</td>
<td>School Banking Day - Bendigo Bank</td>
<td>School Banking Day - Commonwealth Bank Breakfast Program</td>
<td>School Banking Day - Commonwealth Bank Breakfast Program</td>
<td>School Banking Day - Commonwealth Bank Breakfast Program</td>
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<td>June 6th - June 10th</td>
<td>School Banking Day - Bendigo Bank</td>
<td>School Banking Day - Commonwealth Bank Breakfast Program</td>
<td>School Banking Day - Commonwealth Bank Breakfast Program</td>
<td>School Banking Day - Commonwealth Bank Breakfast Program</td>
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<tr>
<td>June 13th - June 17th</td>
<td>School Banking Day - Bendigo Bank</td>
<td>School Banking Day - Commonwealth Bank Breakfast Program</td>
<td>School Banking Day - Commonwealth Bank Breakfast Program</td>
<td>School Banking Day - Commonwealth Bank Breakfast Program</td>
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<tr>
<td>June 20th - June 24th</td>
<td>School Council Meeting 7.00 p.m.</td>
<td>School Banking Day - Bendigo Bank</td>
<td>School Banking Day - Commonwealth Bank Breakfast Program</td>
<td>School Banking Day - Commonwealth Bank Breakfast Program</td>
</tr>
</tbody>
</table>

**School Assembly starts at 8.55 a.m. Please be on time!**
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Parents’ Club Meeting
The next meeting of the Parents’ Club will be in the conference room after assembly tomorrow, Friday May 27th. All welcome.

Next Lunch Order Day
The next Lunch Order Day will be next Wednesday, June 1st. On the menu will be Pizza Muffins. Please put orders in pink box in the school office by 9.30 a.m. on Monday May 30th.

Mothers’ Day Stall
A Big Thank You to the families who donated gifts for the Mothers' Day Stall. We made a profit of $500.00 - which is fantastic!!!
A Big Thank You to all the parents who helped with the stall!!!

Contacting the Parents’ Club
If you wish to contact the Parents’ club have an email address which is cgpsparentsclub@gmail.com.

Parent support
Parents’ Club

Once again this year the School Council are holding a social night at the Bendigo Stadium. This year it will be held on Thursday June 9th at 6.30 p.m. Further details will be sent home in the next week.

Don’t forget to check out the school’s website www.californiagullyps.vic.edu.au

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This year we will again celebrate 100 days of Maths. Each week in the newsletter we will have a focus on Maths. Here is a puzzle page for all the family. Level 1 and 2 are generally for younger students, but you can do whatever levels you wish. Children may complete them on their own or they may need some assistance. We hope you enjoy them. Bring in your neat answers and we will display them on the Maths Board in the undercover area. It would be great to see some work up on display each week!
Congratulations to the following students on being named Student of The Week for their positive attitude to school and social values.

Friday May 20th

3/4 Ennor:
- Zachery N-R. - For excellent effort and behaviour in cooking class.
- Cody S. - For giving his best at all times.
- Lachlan W. - For being a valuable contributor in the cooking class.

3/4 Reilly-Carroll:
- Hayden E. - For a terrific effort renaming when adding 2-digit numbers.
- Daisy W.-Q. - For a great presentation on the A.C.T.

5/6 McKerrow:
- Shanae B. - For 100 nights of reading.
- Jessica B. - For 100 nights of reading.
- Ryan H. - For 100 nights of reading.
- Kodi P. - For 100 nights of reading.

5/6 Windridge:
- Terri-Anne C.-G. - For working hard to learn all her times tables and taking responsibility to be tested on them.
- Isobel G. - For finding the main idea in our information texts.
- Charli H. - For doing her best at all times and being a caring and helpful class member.

Don’t forget to check out the school’s website www.californiagullyps.vic.edu.au

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GREAT TIPS FOR HEALTHY KIDS

TIP 33. DIGESTION STARTS IN THE MOUTH

The first steps in digestion start in the mouth, where chewing and associated enzymes begin to break down the food. Chewing is an important part of digestion. Food that isn’t chewed well will make its way into the stomach and the intestine in large pieces and extra work is needed there to help break it down. For this reason, when kids gulp food down they often complain of stomach-aches afterwards.

What you can do NOW

♦ Encourage your child to eat slowly and to chew well.
♦ Serve some foods that need to be chewed.
♦ Keep life as calm as possible at the table, whatever else is going on. High emotions can cause gulping of food and tense stomachs.

Top Tip

Put a jug of water on the table at mealtime, or give your child a glass of milk for good nutrition. Avoid fizzy drinks, especially at mealtimes.

Good Idea!

To slow down eating, put your knife and for down between mouthfuls and encourage your kids to do the same.

| Protein | Nutrition Australia’s Healthy Eating Pyramid states that lean meats, fish, eggs and dairy should be consumed in moderate amounts.

For children ages 4 to 7 years old, a half to one serve of protein products per day is sufficient. For older children, aged 8 to 11 years, one to one and a half serves is recommended.

Many of the foods we eat contain protein, particularly foods such as chicken, beef, lamb, fish, eggs, milk, cheese and yoghurt as well as legumes such as beans and lentils.

<table>
<thead>
<tr>
<th>Food</th>
<th>Portion Size</th>
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</thead>
<tbody>
<tr>
<td>Cooked meat or chicken</td>
<td>65 – 100g</td>
</tr>
<tr>
<td>Dried beans, lentils, chick-peas, split peas or canned beans</td>
<td>Half a cup (cooked)</td>
</tr>
<tr>
<td>Cooked fish fillet</td>
<td>80 –120 grams</td>
</tr>
<tr>
<td>Eggs</td>
<td>Two (small)</td>
</tr>
<tr>
<td>Almonds or peanuts</td>
<td>One third of cup</td>
</tr>
<tr>
<td>Sunflower or sesame seeds</td>
<td>One quarter of a cup</td>
</tr>
<tr>
<td>Milk</td>
<td>250ml</td>
</tr>
<tr>
<td>Cheese</td>
<td>30g</td>
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<tr>
<td>Yoghurt</td>
<td>200g</td>
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</tbody>
</table>
OUTSIDE SCHOOL HOURS CARE
Monday to Friday 3.15 p.m. to 6.00 p.m.

- Available for all parents of California Gully Primary School
- Affordable
- Childcare in a safe and secure environment
- Providing interesting activities for all children
- Permanent/Casual Bookings available
- Emergency bookings always available

Mrs. Paton

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PLAYGROUP
Let’s get together and build on friendships.

Wednesdays
9.30 a.m. - 11.30 p.m.
in the Outside School Hours Care room.

Please bring along a piece of fruit to share.
We follow the healthy eating guidelines and encourage the SunSmart messages that are taught to the students at school, to provide a great foundation for future students.

Session dates and activities:
- **June 1st** Bookmaking—Playgroup Stories
- **June 8th** Playdough Fun
- **June 15th** Multi-Purpose Room - Adventure Play
- **June 22nd** Pyjama Party - Last Playgroup Term 2

For information of what events are coming up in playgroup please visit the school website Playgroup page.

Join us on Facebook: www.facebook/calgullyplaygroup1

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Mrs. Carroll is once again on the look out for sauce bottles with twisty lids. If you can help please see Mrs. Carroll in the Junior Building.

Do you or your older children have any novels or chapter books they no longer want? If you can help the Grade 1/2 classroom library will happily accept them. Please send them along to Mrs. Hinton and Mrs. Peacock.

Free legal help with child support

Victoria Legal Aid's Child Support Legal Service is visiting near you. We provide advice about child support and paternity testing.

We also present free community legal information sessions upon request. The Child Support Legal Service:
• is independent from the Department of Human Services (Centrelink and Child Support);
• provides free confidential appointments for eligible people to discuss legal problems with a child support lawyer.
• not legal help to check eligibility for an appointment, call 9300 792 387.

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TERM TWO TO-DO LIST:
- pay for Amy’s school excursion
- buy James new cricket shoes
- find out more about Saver Plus!

Match your savings for school costs, dollar for dollar, up to $500. Saver Plus is looking for new participants in your local area.

You may be eligible to join if you or your partner have:
- a Health Care or Pensioner Concession Card
- a child at school or starting next year
- some regular income from work.

Call or SMS Carol, your local Saver Plus Coordinator:
03 5448 1024 / 0439 935 516 or carol.gledhill@bsl.org.au

Saver Plus was developed by ANZ and the brotherhood of St Laurence and is funded by ANZ and the Australian Government.

BENDIGO SPIRIT
2016/2017 MEMBERSHIPS

WHY BECOME A BENDIGO SPIRIT MEMBER?
Becoming a member of the Bendigo Spirit is the perfect way to show your passion and support for your local hometown champions. You will also receive complimentary entry to all regular season home games, priority access to home finals, a weekly newsletter and invitations to Bendigo Spirit member events.

#ONESPIRIT

2016/2017 MEMBERSHIPS AT LAST SEASON’S PRICES

- $100 Adult
- $75 Concession
- $50 Child
- $225 Family (2 Adults & 2 Children)
- $50 Extra For Guaranteed Seating

TO SIGN UP TODAY!
Please visit the link below to sign up today for your 2016/2017 Bendigo Spirit Membership and save with last season’s prices.

www.trybooking.com/KGJQD

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Thanks to Empowering Eaglehawk, The Eaglehawk Football Club and the Peter Krenz Leisure Centre/ YMCA we have a community breakfast program for all families (parents are more than welcome to attend) and staff of California Gully. The community breakfast program continues tomorrow, Friday May 27th at 8 a.m. (please note that we will stop serving breakfast at 8.20a.m. any children who arrive after 8.20 a.m. will miss out).
Sharing in breakfast together, what a great way for our school community to start the day!

Introducing
**Fresh Fruit Friday**

Benefiting the health and wellbeing of our Bendigo school children

Proudly funded and supported by:

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