FROM THE PRINCIPAL

PREP ENROLMENTS 2015

If you have a child who will be attending California Gully Primary School in Prep next year, you are most welcome to enrol at any time. Early enrolments assist us to put in place staffing, grade structures and allocate resources for next year. When enrolling your child, you will need to provide with the enrolment form:

1. A copy of the birth certificate (we can make copies of originals if necessary)
2. A school entry immunisation certificate obtained from The Australian Childhood Immunisation Register (ACIR). Phone 1800653809.

Enrolment forms are now available for collection from the office. The 2015 Information Booklet is currently being reviewed but will be available before the end of term.

If you know anyone moving into our area, has a child attending your child’s pre-school or who has a Prep child for next year and has not chosen a school for their child, talk to them about our school and please invite them to contact me for a tour and a conversation.

EDUCATION WEEK OPEN MORNING

It was great to see a large number of families take the opportunity to spend time in their child's classroom either just watching from a distance or getting involved in the different activities. The smiles on the children’s faces indicated how much they appreciated the visit.

CONTACT DETAILS UPDATES

During the course of a school week we contact parents or carers for a variety of reasons. Unfortunately there are occasions when we cannot contact parents due to a change of home or mobile phone number. I am also aware some children’s medical records are not up to date, have changed or a medical condition does exist and we have inadequate information to support the child. Please complete the attached contact details form if your circumstances have changed & the medical form if your child does have a medical condition (with any additional information from the family doctor) and return to school as soon as possible. Note: If your child is asthmatic we require an Asthma Management Plan updated annually from your family doctor.
HOW TO RAISE A READER

Kids become lifelong readers for all kinds of reasons. Sometimes there's one key book that captures a kid's imagination and opens him or her up to the exciting world of fiction. Other times, a teacher who assigns great books in class sparks a hunger for more big ideas and fine writing. In some cases, parents influence kids' appreciation of books by sharing their own love of literature and modeling reader behavior -- always having a book to read, taking books on vacation, reading before bedtime, making regular trips to the library and bookstore, etc.

**Tip 1. Read aloud:** This comes naturally to lots of new parents, but it's important to keep it up. Kids will enjoy it longer than you think. When reading to babies, toddlers, preschoolers, and kids in early grade school, it's wonderful to have a kid on your lap, snuggled next to you on the couch, or drifting off to sleep in bed as you enjoy picture books together. You may have to read your kid's favorite a hundred times, but just go with it. Your kid will remember the closeness as well as the story. And try nonfiction for those who are curious about pirates, Vikings, robots, castles, history, sports, biography, animals, whatever. For second through fifth graders, read those rich and meaty books that might be missed otherwise, maybe classics like *Treasure Island* or *Alice’s Adventures in Wonderland.*

(Extract from Making Sense ‘How to Raise a Reader’ by Regan McMahon)

ART SHOW - ‘GULLY GALLERY’

On Thursday 12th June from 4pm-6pm the school will hold an Art Show to showcase the fantastic artwork undertaken by the children throughout semester 1. It is also a chance to acknowledge the fine art program we run across the school.

Jason Lee
Principal

CLASSROOM CAPERS

**Basketball With The Braves**

Friday 16th/5/2014. First the whole school went to assembly. When assembly had finished all the classes went back to their classrooms except for our class and Mrs Ennor’s class. We went to the basketball court. Next the Braves said that we had to warm-up. They told us to jog to the end of the court and back. We did some other warm-ups and then we lined up on the side line and we got given a ball. The girls dribbled the ball right handed up the side of the court and left handed back. Then the boys went up and back. After the boys had finished we split into 5 teams. My team came 4th in the first race and same place in the second. After that we played Golden Child. Half of the class went to one side of the court and the other half on the other. First I was throwing the ball in the hoop then I was on the running team because we swapped over. Once I was the golden child- and tagged everyone. Once we finished golden child it was the end of the basketball clinic. My class and Mrs Ennor’s class went back to our class rooms. It was great fun!

By Myan P.
Don’t forget to check out the school’s website www.californiagullyps.vic.edu.au

PAGE 3  THE BELL TOPPER  FROM THE PRINCIPAL

Andy Griffiths will be coming to Bendigo on Friday June 13, from 6.00 – 7.00pm.

Goldfields Libraries have secured Andy’s visit as part of the High Road to Reading program sponsored by the State Library of Victoria. The library have decided to locate him in the Bendigo Town Hall in order to give as many children as possible the opportunity to see him.

The library are currently sorting out ticketing arrangements and tickets should be available via their website (www.ncgrl.vic.gov.au) by midweek. There will be no charge for tickets.

The library is also happy to take any enquiries re bookings by phone (54492771) or email: tam-myh@ncgrl.vic.gov.au

The event is recommended for children of 7 years and up, although I am sure their parents will also enjoy it.

Annual Twisted Trivia Night
Saturday May 31st 2014
Keep this date free for a great night of trivia, games, silent auction and more. Tickets are just $10 per person. Get together a table of 8 or ask to be placed on a mixed table. This event is being held in the Early Years Learning Centre building. Arrive at 6.30pm for a 7.00pm start. Tickets and tables can be booked through the school office.

Donations for our Annual Twisted Trivia Night
Donations for raffles, prizes and silent auction would be greatly appreciated. Donations can be left at the office at any time. If you know of any businesses that may be able to donate goods or vouchers please let the office know.

School Calendar

<table>
<thead>
<tr>
<th>May 26th - May 30th</th>
<th>MONDAY: Parents’ Club Lunch Orders</th>
<th>TUESDAY: Subway Lunch Orders Due to the Office</th>
<th>WEDNESDAY: Subway Lunch Orders Due to the Office</th>
<th>THURSDAY: Student Banking Day</th>
<th>FRIDAY: Student Banking Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 2nd - June 6th</td>
<td>MONDAY: Parents’ Club Lunch Orders</td>
<td>TUESDAY: Parents’ Club Lunch Orders</td>
<td>WEDNESDAY: Subway Lunch Orders Due to the Office</td>
<td>THURSDAY: Student Banking Day</td>
<td>FRIDAY: Student Banking Day</td>
</tr>
<tr>
<td>June 9th - June 13th</td>
<td>MONDAY: Queen’s Birthday Public Holiday</td>
<td>TUESDAY: Parents’ Club Lunch Orders</td>
<td>WEDNESDAY: Subway Lunch Orders Due to the Office</td>
<td>THURSDAY: Student Banking Day</td>
<td>FRIDAY: Student Banking Day</td>
</tr>
<tr>
<td>June 16th - June 20th</td>
<td>MONDAY: School Council Meeting</td>
<td>TUESDAY: Parents’ Club Lunch Orders</td>
<td>WEDNESDAY: “Gully Gallery”</td>
<td>THURSDAY: Student Banking Day</td>
<td>FRIDAY: Student Banking Day</td>
</tr>
</tbody>
</table>

School Assembly starts at 8.55 a.m. Please be on time!
School Assembly starts at 8.55 a.m. Please be on time!

EGGS FOR SALE
Our girls are busy laying lots of eggs, $2.50 a dozen. See Wendy in the grade 3/4 room. Unfortunately in the extreme heat we have lost a few chooks, if you know of anyone who has some chooks to spare we would appreciate a few to help build our numbers again. Please see Wendy.

CAMP PAYMENTS
A deposit of $30.00 was due by the end of term 1 for the Grade 3 to 6 camp to Candlebark Farm. Please pay this a.s.a.p. to secure your place.

2014 SCHOOL PRODUCTION
This year’s production is “Kids in Space”. If you can be of assistance in anyway please see Wendy.

The 2014 Victorian Premiers’ Reading Challenge is underway! Both teachers and students have been busily preparing themselves for the challenge. A number of children have made an impressive start to the challenge already! Well done 😊
GREAT TIPS FOR HEALTHY KIDS

TIP 9. TV CAN BE A FRIEND OR AN ENEMY

TV can be a good educator. It can also be a great entertainer and, as every parent knows, it can be a cheap babysitter and provide company for kids if they are on their own. However, the benefits of TV can be cancelled out by the harm it can do.

Many children watch many hours of television each week. This means that they are: sitting passively for long periods of time; snacking as they watch; and exposed to ads for highly-processed foods, often high in fat and sugar.

What you can do NOW

- Establish good TV habits in your home: limit your child’s TV viewing to one hour per day on weekdays; avoid having the TV on during daylight hours; and record some shows to watch later and eliminate ads.
- Remove the remote control. At east changing channels will mean getting up and moving.
- Have just one TV in the house.

Top Tip

Avoid having a TV in your child’s room. Studies show that kids in families who watch TV during meals eat more of the highly advertised foods liked pizza and salty snacks, and less fresh, healthy food.

Good Idea!

Plan the week’s viewing ahead of time. Look through the TV guide together and choose suitable programs. When you watch, discuss aspects of the program with your kids.

“Beanz Meanz” … More Beans Please!

This “Beanz Meanz” vegetarian recipe is a great way to encourage kids to eat beans. It is packed full of fibre and high in protein (from kidney beans) as well loads of vegetables to ensure kids are meeting their daily nutrient requirements – for this reason beans are often called a vegetarian “meat”.

**Ingredients**

- 2 tablespoon olive oil
- 1 onion, peeled and chopped
- 2 garlic cloves, peeled and minced
- 1/2 cup chopped carrot
- 1/2 cup chopped celery
- 1/2 cup chopped red capsicum
- 1 teaspoon ground cumin & chilli powder
- 800g (1 can) chopped tomatoes
- 800g (2 cans) red kidney beans, drained and rinsed
- 1 cup frozen corn kernels

**Topping**

- 1/2 cup shredded low fat cheese
- 1/4 cup chopped chives

**Method**

- Heat oil in large saucepan. Add cumin and chilli and stir until they become fragrant.
- Cook onion until translucent then add garlic.
- Add carrot, celery and red capsicum and cook until they soften slightly.
- Add tomatoes with juice and stir in with vegetables. Bring mixture to boil then reduce heat and allow to simmer for 15 to 20 minutes.
- Beans and corn can now be added to chilli mixture and stir to combine.
- Serve 1/2 cup of chilli on top of whole grain toast, brown rice or noodles. Alternatively serve 1 cup by itself and top with shredded cheese and chopped chives.
Student Banking

Don’t forget that every Friday is School Banking day and students should bring in their weekly deposit. For every deposit made at school, no matter how big or small, students will receive a cool Dollarmites token. Once students have individually collected 10 tokens they can redeem them for an exclusive School Banking reward item in recognition of their continued savings behaviour. There are new reward items available during Term 2, plush penguin key ring, plush shark key ring and whale shark pencil case. These are on display in the school office.
Remember our school earns 5% commission on every deposit made (to a maximum of $10 per individual deposit). Thank you for supporting the School Banking program at California Gully Primary School.

In the Conference Room (opposite the office) is a small uniform display. The California Gully Primary School Uniform is available from Bendigo Uniforms Plus. They also sell the school’s bucket and wide brim style hats which are required during Terms 1 and 4. Please remember that wearing of the school uniform is compulsory.

ALLSTAR ATHLETES

FITNESS PROGRAMS
DESIGNED SPECIFICALLY FOR SPECIAL NEEDS CHILDREN
ONE ON ONE AND GROUP CLASSES AVAILABLE

LEIGH
leigh@forgedathletes.com.au
0468 812 557

MELANIE
mel@forgedathletes.com.au
0427 184 537

School Assembly starts at 8.55 a.m. Please be on time!
Congratulations to the following students on being named Student of The Week for their positive attitude to school and social values.

**Friday May 16th**

**Prep/1 Holt:**
- Bailey B. - For working co-operatively and well.
- Carmella S. - For enjoying her day at the Fauna Park.

**2 Carroll-Peacock:**
- Emily K. - For being a wonderful representative of the school while at the Kyabram Fauna Park. Congratulations Emily!
- Lachlan W. - For sharing his fantastic knowledge of Australian Animals in our class discussion. To effort Lachie!

**3 Watt:**
- Shelby G. - For pushing himself during reading tasks and producing top results.
- Brodie R. - For exceptional efforts in his bookwork this week and giving his best.

**3/4 Ennor:**
- Keely F. - For displaying a high level of thinking in H.R. Reading.
- Lani McC. - For always giving her best.
- Nikyah R. - For displaying a high level of thinking in H.R. Reading.

**5/6 McKerrow:**
- Jordan H. - For planning and participating in a lesson for the class.
- Jackson T. - For outstanding and concise paraphrasing of reasons the British came south during our inquiry unit.

**5/6 Windridge-Doolan:**
- Billy L. - For excellent listening & contributions to our class discussion about convicts.
- Benjamin P. - For good work in Maths showing his working out and thinking.

---

**Student Banking**

Congratulations to . . .

Cody S. in Grade 2 for achieving his Bronze 10 Deposit certificate.
Ella S. in Grade 3 for achieving her Bronze 10 Deposit certificate.

School Assembly starts at 8.55 a.m. Please be on time!
Parents’ Club Meeting

The next meeting of the Parents’ Club will be held Friday June 6th at 9.05 a.m. in the outside school hours care room, we look forward to some of our new Prep families joining us.

Parents’ Club Lunch Orders

Just a reminder that there is a new lunch menu during Term 2 with more hot foods for the cooler months.

If your child misplaces their lunch order form you can go to the school’s website and download a form.

Please place correct money in the envelope when sending the orders to school. Children need to place their lunch orders in the pink tub in the office by 9.30 a.m. on Monday. If your child is absent on lunch order day, please let the office know so we can organise a refund.

Please note that the Jelly Cups are no longer available. Half size lunches are available on request, cost is $2.00.

Contacting the Parents’ Club

If you wish to contact the Parents’ club have an email address which is cgpsparentsclub@gmail.com.

Annual Twisted Trivia Night

Thank You to the following businesses for supplying items for the Silent Auction:

Fish ‘n’ Feathers  SportsCo  Bicknell’s Independent Sports
Manchester & More  Natural Living  Games World
Baker’s Delight  The Body Shop  The Complete Garden
Eyeworks Group  True Brew  Park Lane Holiday Parks
The Borough Club  Terry Jarvis - Bethany Gallery

School Assembly starts at 8.55 a.m. Please be on time!
COMMUNITY NOTICES

Bendigo Community Health Services together with some friends are running a weekly ‘Soup Kitchen’ for those who are looking for, or in need of a warm meal.

Join us in the arcade outside ‘Café De Mill’ in Hargreaves Street (opposite Brit) each Thursday night at 4:00pm for a free warm bowl of soup and fresh roll each week.

**Everyone is welcome...**

Warm coats are also available should you or your family need some extra warmth over winter.

Are you eligible for public dental care?

All children aged 0-12 years and all Aboriginal and/or Torres Strait Islander people are eligible to access public dental services and are offered the next available appointment. Treatment is free for people who hold a health care card; a minimal co-payment may be required for people who do not have a health care card. Call Bendigo Health public dental service - 5454 7994 or Amy Clark, Loddon Mallee Oral Health Network on 0418 983 190.

Don’t forget to check out the school’s website www.californiagullyps.vic.edu.au

School Assembly starts at 8.55 a.m. Please be on time!
PLAYGROUP

Let’s get together and build on friendships.

Wednesdays
9.30 a.m. - 11.30 p.m.
in the Outside School Hours Care room.

Please bring along a piece of fruit to share.
We follow the healthy eating guidelines and encourage the SunSmart messages that are taught to the students at school, to provide a great foundation for future students.

Session dates and activities:

- **Wednesday May 28th** Pizza Making
- **Wednesday June 4th** "Acorn People"
- **Wednesday June 11th** Multi-Purpose Room
- **Wednesday June 18th** Mask Making using glue
- **Wednesday June 25th** "Teddy Bears Picnic" Icing teddy bear biscuits

For information of what events are coming up in playgroup please visit the school website Playgroup page.

Join us on Facebook:  www.facebook/calgullyplaygroup1

Fungi Forage among the Oaks of Picnic Gully
Sunday 25th of May 9.30am - 12.30pm
Registration : fungiforaging.eventbrite.com.au

Join with the Bendigo Field Naturalists experts on Fungi in the magical setting of the Harcourt Oak Forest in our beautiful autumn.
This event is free and designed to ensure long lasting memories of the joy to be found in our local bush.
Made possible by the wonderful work of the Bendigo Field Naturalists and the Bendigo Sustainability Group.
Get connected

Find the right fit for your healthy lifestyle. Get connected with the people, services, programs and support in your area.

Check out this snapshot of programs available across the City of Greater Bendigo and Loddon Shire Council. Do some research, ask questions, make a decision and get busy connecting your healthy lifestyle.

Strength and balance training

Improve your overall health and wellbeing with strength and balance classes. Benefits include increased muscle, improved joint function, increased metabolism and reduced potential for injury.

- Healthcoxe Health Inglewood and Districts Health Service
  Phone: 03 5431 0900
  Phone: 03 5431 7000

- Bendigo Community Health Services Rochester and Elmore District Health Service
  Phone: 03 5434 4400
  Phone: 03 5434 4300

- Boort District Health
  Phone: 03 5451 5902
  Phone: 03 5451 5200

Try a neighbourhood house close to you.

Get moving!

Walking

Explore our region on foot, enjoying bush, waterways and caves.

In Bendigo try:
- The O'Keefe Trail, a 27 kilometre walking track connecting Bendigo with Axedale.
  Visit www.railtrails.org.au
- Cruise Reservoir Kangaroo Flat Park No. 7.
  Visit Bendigo www.bendigo.vic.gov.au

In Loddon try:
- A historic town walk, explore Melville Caves, a trail at Little Lake Boort or many more.
  Visit www.loddon.vic.gov.au

If you need some extra motivation and company, join a walking group.
Visit www.heartfoundation.org.au

Cycling

There is a strong cycling culture in the region. Whether you are an expert, beginner or somewhere in between, find a track that suits your abilities.

For more information visit www.cycling.org.au

Tour de Hume Green is a bicycle tour which visits community gardens and fruit trees across Bendigo. Visit fallingintobendigo.weebly.com/events

Healthy food

Discover local solutions to getting two serves of fruit and five serves of vegetables into your day. Straight from the grower means fresh, full of flavour and in season.

A mix of a healthy diet and exercise will give you the results you have been looking for.

Bendigo Community Food Network
Phone: 0433 290 402

Community gardens:
- Our Shed, Eaglehawk - Phone: 0401 510 470
- Kangaroo Flat - Phone: 03 5447 9687
- Elengie Street - Phone: 03 5442 1165
- Quarry Hill - Phone: 0433 290 402

Loddon's Farm Gate Tours
Phone: 03 5494 1257

Find your local farmers market via farmersmarkets.org.au

Water activities

Water sports are a huge drawcard within the region. These include fishing, skiing, boating and swimming.

City of Greater Bendigo
Website: www.bendigo.vic.gov.au

Loddon Shire Council
Website: www.loddon.vic.gov.au

Bendigo East Swimming Pool - open all year
Phone: 03 5443 7076

Peter Kranz Leisure Centre YMCA Eaglehawk
Website: bendigo.ymca.org.au

Active Living Census

Take a few minutes to help the City of Greater Bendigo understand how healthy and active residents are. This will help the city better plan for, develop and enhance public open spaces and recreation facilities across the region.

Have your say and enter the draw to win some great prizes via www.bendigo.vic.gov.au/activeliving

Find out more:
- www.getconnectedlocally.com
- www.lmml.org.au
- www.bchs.com.au
- www.bendigo.vic.gov.au
- www.loddon.vic.gov.au
- www.nchcs.org.au
- www.idchsc.vic.gov.au

Medicare Local
City of Greater Bendigo
Loddon Shire
Primary Care Partners

School Assembly starts at 8.55 a.m. Please be on time!
Parents Don't Forget

You are more than welcome to join us for Breakfast!

California
Gully Primary
School

Join us at our weekly Breakfast Program
Every Friday from 8 a.m. to 8.30 a.m.

Thanks to Empowering Eaglehawk, The Eaglehawk Football Club and the Peter Krenz Leisure Centre/YMCA we have a community breakfast program for all families (parents are more than welcome to attend) and staff of California Gully. The community breakfast program continues tomorrow, Friday May 23rd at 8 a.m. (please note that we will stop serving breakfast at 8.20 a.m. any children who arrive after 8.20 a.m. will miss out).

Sharing in breakfast together, what a great way for our school community to start the day!

We would also like to acknowledge the assistance of Roger King’s IGA in Eaglehawk for providing the food for the breakfast and their weekly donation of fruit for the Fresh Fruit Friday program in the Junior School.

School Assembly starts at 8.55 a.m. Please be on time!