Don’t forget to check out the school’s website [www.californiagullyps.vic.edu.au](http://www.californiagullyps.vic.edu.au)

**California Gully Primary School**

*The Bell Topper*

Volume 31 No. 6

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**FROM THE PRINCIPAL**

**LOOKING FORWARD—OPEN DAY & INFORMATION SESSION**

California Gully Primary School will be open from 9.15am to 11.00am on Wednesday 22nd May as part of Education Week. It is an opportunity for parents, grandparents and friends to visit their child’s class and see examples of the fantastic activities the children are involved in. An information session specifically for prospective 2014 Prep parents will occur on Wednesday 12th June from 6.30pm.

**JUNIOR SCHOOL COUNCIL**

I would like to congratulate all of the students who participated in the Junior School Council elections. It is evident we have many students who see student voice as important and a need within a school community. The speeches were well thought out and delivered with confidence although I am sure many of the students were nervous. To the successfully elected JSC members you now have a very important role to play. You are the voice of the students and you have an opportunity to enhance the school environment with the decisions you make.

**DID YOU KNOW?**

Grade Prep students are creating and blowing BIG bubbles! Grades 1/2 students are studying sustainability and recently visited the Recovery Yard as part of their studies.

Grade 3/4 have been studying aboriginal history and the important days the many diverse cultures celebrate in Australia. They also do a great rendition of ‘We Are Australian’

Grade 4/5 have been creating communication stories using Australian Aboriginal symbols.

Grade 5/6 students have initiated a global learning program with Santa Rita Elementary located in Santa Clara, California (one of Bendigo’s sister cities).

Grade 6 children have found fun with Palindromic Sums and constant difference in subtraction.

**WORKING BEE**

Unfortunately a number of parents and carers who assist regularly with the working bee are unavailable on Sunday March 24th. To ensure we can achieve the most out of the working bee I have decided to put the date back until early in term 2. I will forward the new date shortly.

*Jason Lee*

Principal

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School Assembly starts at 8.55 a.m. Please be on time!
ROYAL CHILDREN’S HOSPITAL GOOD FRIDAY APPEAL

The Good Friday Appeal is a unique fundraising activity that brings together people from all parts of the community in a very special way. The common goal is to raise money for The Royal Children’s Hospital in Melbourne, and to ensure that all children with life threatening illnesses receive the best possible medical and clinical care.

It all started in 1931 when groups of journalists from the Herald & Weekly Times organised a sporting carnival in aid of charity, the Children’s Hospital being a recipient of the funds. In 1942, Sir Keith Murdoch as Managing Director and Editor the “The Herald” agreed that “The Herald” and radio station 3DB should broadcast an all day Appeal on Good Friday. In 1957, Channel 7 joined the Appeal and began the first daylong telethon, which is now held at Melbourne’s Telstra Dome.

School’s have been involved in the Royal Children’s Hospital Good Friday Appeal through the distribution of Appeal envelopes (one was attached to the newsletter that went home on Thursday March 7th). Here at California Gully Primary School we are proud to continue supporting the Appeal; many of us know or will know of a child who has had to spend time in the Royal Children’s Hospital.

If you would like to show your support for this worthwhile charity, you can do so by returning the donation envelope by Wednesday March 27th. Donation envelopes can be left with Nicole in the school office.

School Uniform

Parents are encouraged to take their children into Bendigo Uniforms Plus to purchase their child’s uniform at anytime. With the Easter school holiday rapidly approaching this maybe a good time to prepare your child for the cooler weather and purchase a polar fleece jacket or windcheater. They also sell the school’s bucket and wide brim style hats which are required during Terms 1 and 4. Please remember that wearing of the school uniform is compulsory.

SCHOOL CALENDAR

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<td>Hot Cross Bun Order</td>
<td>Parents’ Club Lunch Order Day</td>
<td>Student Banking Day</td>
<td>Good Friday</td>
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<td>Forms and Money to be Returned</td>
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<td>March 25th -</td>
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<td>Student Banking Day</td>
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<td>March 29th</td>
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<td>March 19th</td>
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<td>April 22nd -</td>
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<td>April 26th</td>
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School Assembly starts at 8.55 a.m. Please be on time!
Congratulations to the following students on being named Student of The Week for their positive attitude to school and social values.

**Friday March 1st**

**Prep Peacock:** Ashlee M. - For being conscientious in completing all her worksheets well.
Daniel V. - For being a friendly, helpful class member.

**1/2 Carroll-Reilly:** Billy N. - For being a well-mannered student and sharing great listening skills.

**1/2 Christian:** Caleb C. - For great procedural writing for how to make pizza muffins.
Evelynn T. - For fantastic procedure writing for how to make pizza muffins.

**3/4 Ennor:** Terri-Anne C.-G. - For an excellent Persuasive Writing.
Nikyah R. - For trying very hard in Persuasive Writing.

**4/5 Hartney:** Paris S. - For writing fantastic Dreamtime Stories.
Connor W. - For being kind, caring and co-operative

**5/6 Windridge:** Ethan B. - For working well on his spelling words.
Mitchell G. - For excellent work in Maths.
James H. - For excellent work in Maths with reading large numbers.

**6 McKerrow:** Markus B. - For excellent work with his "times tables".
Stephanie P. - For excellent work in "Place Value".
Benjamyn T. - For conquering "Big Bertha".

**Friday March 8th**

**Prep Peacock:** Mason F. - For putting in his best effort. Well done!
Declan T. - For concentrating well during reading and maths lessons. Great thinking!

**1/2 Carroll-Reilly:** Lachlan W. - For working hard in Maths learning about 2D and 3D shapes.
Benjamin N. - For having great initiative in our classroom.

**1/2 Christian:** Krystopher G. - For settling in to Cal. Gully Primary and for fantastic effort with learning his sounds.
Tully McA-M. - For great reading progress over the term. Keep it up.

**3/4 Ennor:** Bailey A. - For winning the Albert Namatjira Prize.
Laci McC. - For always giving her best.

**4/5 Watt:** Shae McO. - For being a polite and friendly classmate at all times.
Brayden P. - For a fantastic effort in Maths Money.

**5/6 Windridge:** Riley B. - For working well in Maths.
Mitchell G. - For learning and being tested on all his times tables.

**6 McKerrow:** Janie-Maree P. - For excellent work in "Place Value".
Mark S. - For holding the class record for the Place Value dice game.

Don’t forget to check out the school’s website www.californiagullyps.vic.edu.au

School Assembly starts at 8.55 a.m. Please be on time!
**HEALTHY LIVING**

**GREAT TIPS FOR HEALTHY KIDS**

**TIP 14. PROTEIN BUILDS THE BODY**

Protein has been called ‘the building block’ of life and of the human body. It helps to build muscle, skin, and blood, and to maintain and repair body tissue. Everyone needs adequate amounts of it every day.

The main sources of protein are meat, chicken, fish, eggs, cheese, milk, seeds, tofu and legumes (e.g. chickpeas and lentils).

**What you can do NOW**

♦ Every day, serve your child at least one of these: a small piece of chicken, meat or fish; two small eggs, half a cup of lentils; or a large glass of reduced-fat milk.

♦ Avoid serving processed meats, such as salami, devon or processed chicken.

**Good Idea!**

Lean mince is a good source of protein for kids, and most kids love it. It makes for quick, easy meals, such as spaghetti bolognaise, meatballs, hamburgers, meatloaf and rissoles. Keep lean mince frozen in 500g packs so that you always have some ready.

**What you can do NOW**

♦ Every day, serve your child at least one of these: a small piece of chicken, meat or fish; two small eggs, half a cup of lentils; or a large glass of reduced-fat milk.

♦ Avoid serving processed meats, such as salami, devon or processed chicken.

**Top Tip**

For the school lunchbox, add falafel or lentil patties, or a small can of salmon or tuna.

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**EGGS FOR SALE**

Our girls are busy laying lots of eggs, $2.50 a dozen. See Wendy in the grade 3/4 room.

If families have vegie scraps, stale bread or they would like to cook up some pasta or rice and bring it to my room in the morning the girls would really appreciate it.

Wendy Ennor

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**TAKE A PICNIC TO A PARK, GARDEN OR TO THE BEACH!!**

This time of year provides a fantastic opportunity to visit one or many of the parks, gardens, beaches or other open spaces around your local area. Get family and friends together, pack up a picnic and step out of the house to explore some of the beautiful Australian scenery that we live in. Plan to leave the car at home and walk or cycle to your local open space to fill your body with fresh air.

Take fresh wholegrain bread or rolls, lean meat and a variety of salad items, e.g. lettuce, tomato, cucumber or boiled eggs to make up nutritious salads. Many parks provide barbeque facilities so take advantage of this by bringing along some home-made hamburgers or sausages or perhaps tofu and vegetable kebabs. Combine these with a cold pasta or potato salad and enjoy a fun Aussie outdoor get-together.

**Potato-Apple Salad**

- 3 medium peeled potatoes (boiled & cut into 3cm blocks)
- 1 large apple (peeled & cut into 1cm blocks)
- 1/2 cup chopped celery
- 4 spring onions finely chopped
- 2 tablespoons lemon juice
- 1/4 cup low fat natural yoghurt
- 2 tbsp fresh chopped dill

Combine potatoes, celery, spring onions and apple together and toss with lemon juice. Mix yoghurt, mayonnaise and chopped dill together and fold into potato mixture. Chill until ready to serve and enjoy!

**TIP:** Make sure you take an insulated container and ice pack to keep foods cool and safe.

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School Assembly starts at 8.55 a.m. Please be on time!
PARENTS CLUB NEWS

Parents’ Club Meeting
The next meeting of the Parents’ Club will be held early term 2 at 9.05 a.m. in the conference room, we look forward to some new faces joining us.

Parents’ Club Lunch Orders
Lunch orders will be every second WEDNESDAY. Please place correct money in the envelope when sending the orders to school. Children need to place their lunch orders in the pink tub in the office by 9.30 a.m. on Friday. If your child is absent on lunch order day, please let the office know so we can organise a refund.

Easter Raffle
Parents’ Club Easter raffle tickets went home a couple of weeks ago. The prizes are:
1st Prize $50 Easter Hamper
2nd Prize $30 Easter Hamper
3rd Prize $20 Easter Hamper
4th Prize Chocolate Fondue set & block of chocolate
All prizes have been provided by the Parents’ Club.
Tickets are $1.00 each. All raffle books and money must be back by Wednesday March 27th. The raffle will be drawn Thursday March 28th at assembly.
If you would like another raffle book please see Nicole in the school office.
To make our Easter Raffle even more successful we are asking for donations of Easter eggs/bunnies or chocolates to make the prizes bigger and better. If you would like to donate some eggs or simply like to donate a gold coin to go towards purchasing Easter eggs there will be a basket in the office to place your donation in.

Hot Cross Bun Drive
This term we will be conducting a Hot Cross Bun Drive. Order forms have been sent home so you can order some of these yummy Easter treats! Hot Cross Bun Order Forms and money are due back by Tuesday March 19th. Orders can be collected from the kitchen between 2.30 p.m. and 3.30 p.m. on Tuesday March 26th, just in time for Easter!

“Foneraiser” Mobile Phone Recycling
All families would have received a satchel for old mobile phones. We will earn cash from “Foneraiser” for each mobile phone we send them throughout 2013. Not only do we raise funds for or school but we are also helping the environment at the same time!

PLAYGROUP
Tuesdays and Wednesdays
10.00 a.m. - 12.00 p.m.
in the Outside School Hours Care room.
Looking to meet other mums or new friends for your little ones? Come on over and join us her at Cal. Gully Playgroup!! Bring along a piece of fruit to share, a healthy snack, drink bottle and hat. All Welcome!!
Next Sessions: Tuesday March 19th - Free Community Event at Cooinda Park
Wednesday March 20th - Playgroup Obstacle Course in Cal. Gully Primary School Shed
Join us on Facebook: www.facebook/calgullyplaygroup1

Go to the Playgroup page on the school’s website for more information
www.californiagullyps.vic.edu.au

School Assembly starts at 8.55 a.m. Please be on time!
School Website

As you may know our school has a website – www.californiagullyps.vic.edu.au. Our website enables the school to communicate in a meaningful, timely and economical way with our school community.

There is one major benefit of our site. We control it. We have access to the back end of the site and we can upload and change all the content, forms, notices and photos at will. This means our website has become a very dynamic, constantly changing, up-to-date source of information for all things happening at the school.

Our website has many wonderful and useful features including:

⇒ SunSmart UV Alert with the day’s weather forecast.
⇒ Dynamic Event Calendar so you can see what’s coming up
⇒ Access to our newsletter and read it online
⇒ Constantly changing news and articles about your school
⇒ Absence forms and permission forms for upcoming events are available for download
⇒ Healthy Eating tips to assist in school lunch box preparation

We hope you regularly visit our school’s website and if you have any ideas or feedback on the content that you would like to see on the site please let us know.

Please Note: If your child has been absent from school absence notes are available from the school’s website and need to be returned to your child’s classroom teacher on the first day that they return to school.

“Talking with other parents and carers makes you realise you are not alone”

If you would like to talk to someone who has been through a similar experience with managing their children’s asthma, or need support to live well with your own asthma, we would like to connect you with others for mutual support via the phone, internet or face-to-face groups.

Peers Leading Peers will link you to a trained volunteer who can listen to your concerns and help you to manage. This is the first program of this kind to be available for asthma in Australia. We are grateful to the Victoria State Government Department of Health for their funding support.

The program is available for anyone with asthma or parents, grandparents and people who regularly care for a child with asthma.

If you are interested in accessing support or becoming an “Asthma Peer Support Volunteer” contact Belinda at The Asthma Foundation of Victoria on 1800 278 462 or binglis@asthma.org.au

School Assembly starts at 8.55 a.m. Please be on time!
Don’t forget to check out the school’s website www.californiagullyps.vic.edu.au

**COMMUNITY NOTICES**

**Falcons Baseball Club**

**2013 REGISTRATION DAY**

Sunday March 24
12pm to 2pm
Registration for all players - Juniors and Seniors

The K2 van will be there for uniform and equipment sales

For more information please contact falconsbaseballclub@hotmail.com

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**From Picture to Page**

**SCRAPBOOK & PAPERCRAFT SHOW**

Saturday 16th March 9.30am - 4.30pm
Sunday 17th March 9.30am - 1.30pm
Kangaroo Flat Primary School Basketball Stadium

60-80 Olympic Parade, Kangaroo Flat, Bendigo
Entry: Adults $6.00. Kids under 16 free entry.

Following the success of our first show last March, we're running back to do it again!

If you love scrap-booking, up-cycling and papercrafting, then you'll love our show! We have free perching, show specials and product demonstrations. You'll have a chance to win fabulous lucky door prizes and get involved with free workshops! Bring the kids too! We have organized kids' scrap-booking and colouring in with an adult present.

Tea/coffee, softdrinks, sandwiches and yummy homemade cakes are available for purchase with a place for you to sit and relax.

Check out our blog closer to show dates

http://wp emotivepressbookshow.blogspot.com/

info@emotivepress.com.au
31715641

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School Assembly starts at 8.55 a.m. Please be on time!
NAB AFL Auskick will again be running this year at Eaglehawk with the season commencing on Sunday 21 April at 9am at the California Gully Recreation Reserve (corner of Louden and Nelson Streets). The season will start with an introductory day where those Auskickers who have paid their registration will be able to collect their NAB AFL Auskick Pack. The cost of the program is $60 and the season will run for 10 weeks (plus the introductory day). Please note that registration and payment can only be completed on-line this year, so please make your way to the Auskick website and sign up to the Eaglehawk Auskick Centre (www.aflauskick.com.au). If anyone has any questions, please give Matt Shanahan a call on 0408 476 140.

The Bendigo YWCA is once again running their School Holiday Program. The YWCA is a not-for-profit organisation and the program has a focus on having fun, meeting new people and learning new things. We are a small program with a maximum of 30 children attending each day emphasising the safety, security and value of each child.

For more information, or to make a booking, please contact us through our website at www.ywca.net or directly on 5443 5465. There are also copies of the Program available to pick up from the school office.

School Assembly starts at 8.55 a.m. Please be on time!